



Recovery Reframed: The Importance of a Family-Centered Approach

A virtual recovery forum presented by the Massachusetts
Behavioral Health Partnership (MBHP)

Tuesday, October 19, 2021 | 9 – 11:30 a.m.

Program Booklet



2021 Virtual Recovery Forum
Sponsored by the Massachusetts Behavioral Health Partnership

Recovery Reframed: The Importance of a Family-Centered Approach

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9 – 9:15 a.m.

Welcome and Opening Remarks

Clara Carr, Rehabilitation and Recovery Director, MBHP

Susan Coakley, Market President, East Region, Beacon Health Options

Emily Bailey, Chief of Behavioral Health, MassHealth

Brooke Doyle, Commissioner, Massachusetts Department of Mental Health

9:15 – 10:15 a.m.

Keynote Presentation

*Former Congressman **Patrick J. Kennedy***

*Introduction by **Sharon Hanson, CEO, MBHP***

10:15 – 10:20 a.m.

Break

10:20 – 11:20 a.m.

Panel Discussion: The Importance of a Family-Centered Approach

***Valerie Cordero**, Co-Executive Director, Families For Depression Awareness*

***James Derick**, President, SAFE Coalition*

***Chien-Chi Huang**, Founder and Executive Director, Asian Women for Health*

***Diane Randolph Jones**, Chief Diversity Officer; Human Resources Director, Chelsea Soldiers' Home*

***Carrie Noseworthy**, Founder, A Safer Me*

*Moderated by **Sharon Hanson, CEO, MBHP***

11:20 – 11:30 a.m.

Closing

Sharon Hanson, CEO, MBHP

2021 Virtual Recovery Forum

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the Massachusetts Behavioral Health Partnership (MBHP)

Recovery Reframed: The Importance of a Family-Centered Approach

Keynote Speaker



Patrick J. Kennedy, *Former Congressman (D-RI); Founder, The Kennedy Forum; Co-Founder, One Mind*

During his time in Congress, Patrick J. Kennedy co-authored the landmark Mental Health Parity and Addiction Equity Act (Federal Parity Law), which requires insurers to cover treatment for mental health and substance use disorders no more restrictively than treatment for illnesses of the body, such as diabetes and cancer. In 2013, he founded The Kennedy Forum, a nonprofit that unites advocates, business leaders, and government agencies to advance evidence-based practices, policies, and programming in mental health and addiction. In 2015, Kennedy co-authored the New York Times Bestseller, “A Common Struggle: A Personal Journey Through the Past and Future of Mental Illness and Addiction,” which details a bold plan for the future of mental health care in America. In 2017, he was appointed to the President’s Commission on Combating Drug Addiction and the Opioid Crisis.

Kennedy is also the founder of DontDenyMe.org, an educational campaign that empowers consumers and providers to understand parity rights and connects them to essential appeals guidance and resources; co-founder of One Mind, an organization that pushes for greater global investment in brain research; co-founder of Psych Hub, the most comprehensive online learning platform on mental health, substance use, and suicide prevention topics in the world; co-chair of the National Action Alliance for Suicide Prevention’s Mental Health & Suicide Prevention National Response to COVID-19 (National Response); and co-chair of the Bipartisan Policy Center’s Behavioral Health Integration Task Force.

Panel Discussion: The Importance of a Family-Centered Approach

Moderator



Sharon Hanson, *Vice President of Client Partnerships and Chief Executive Officer of MBHP*

Sharon Hanson joined the MBHP team in 2021, after having initially worked at MBHP in the late 1990s. Sharon has over 30 years of experience in health plan operations, managed care, and government programs, most recently serving as the Chief People Officer at Community Care Cooperative (C3). She has also held leadership roles at MassHealth's Executive Office of Health and Human Services, Boston Medical Center HealthNet Plan, and First Mental Health Services and has worked as an independent consultant at Health Management Associates. Sharon's educational background includes P.G. Teachers College, University of the West Indies, and Northeastern University.

Panelists



Valerie Cordero, *Co-Executive Director, Families for Depression Awareness*

Valerie Cordero, PhD, is Co-Executive Director of Families for Depression Awareness (FFDA), a national nonprofit organization helping families recognize and cope with depression and bipolar disorder to get people well and prevent suicides. Valerie joined the FFDA staff in 2010 and has held positions in administration, programs, and development. Now based in FFDA's Nashville office, Valerie utilizes her personal knowledge of how mood disorders affect families to inform her work. Since assuming the role of co-executive director, Valerie has lent her expertise to national discussions of mood disorders resulting in coverage by major media outlets such as NPR, Better Homes & Gardens, and New York Magazine's vertical The Cut. She received her BA from Spelman College and earned her master's and PhD in Ethnomusicology from the

University of California at Los Angeles.



James Derick, *President, SAFE Coalition*

Jim is a parent who knows the devastating impact of substance use disorder firsthand. In 2015, his son nearly lost his life to this disease. Jim then began to speak publicly about his families' experience with the hope that others may be encouraged to step forward and seek help. He became involved with the formation of SAFE and in October 2015 was elected as the first president of the organization. Jim also serves on the Franklin Public Schools Substance Abuse Task Force and is a volunteer meeting facilitator for Learn to Cope.



Chien-Chi Huang, Executive Director, Asian Women for Health

Chien-Chi Huang is the founder of the Asian Breast Cancer Project and is presently the Executive Director of Asian Women for Health. A skilled and passionate community advocate, Chien-Chi was the Asian Community program manager at the Massachusetts Council on Compulsive Gambling from 2006 to 2011, and she spearheaded several new health initiatives addressing the unique issues and challenges facing the Asian American community. These initiatives included Asian American Problem Gambling Outreach efforts, the Asian American Women’s Mental Health Symposium, the Asian American Mental Health Forum, and the Immigrants and Refugees Mental Health Network. Both mainstream and Asian media outlets have featured Chien-Chi’s efforts and highlighted her dedication to reducing health disparities related to gambling addiction, mental health, and breast cancer.



Diane M. Randolph Jones, Chief Diversity Officer; Human Resources Director, Chelsea Soldiers’ Home

Diane Randolph Jones is Massachusetts-born person with a lifetime commitment to service. She has worked in state, local, and municipal government with a focus on ensuring that differences in color, culture, disability status, gender expression or sexual identity, language, literacy, place of origin, race, and veteran status do not create or perpetually sustain barriers in health, employment, quality of life, and personhood. Mrs. Randolph Jones has worked in governmental agencies and independent projects which focus largely on refugee resettlement, veterans benefits, workforce development, pandemic preparedness, social justice, and diversity, equity, and inclusion. At the crux of these seemingly disparate areas is this: a true concern for humans, a true reliance upon active empathy. Diane believes we must care in order to create tangible change. Diane holds a master of Science in Public Health and Communication from Tufts University School of Medicine, a master of Fine Arts in Writing from Lesley University, and a BA in Africana-Latina Studies with a focus on research methodology from Simmons College. Professional experience aside, Diane is an adult child and former caretaker of a parent with a profound mental health diagnosis. The structural challenges of a world that was closed off to her mother, who carried the diagnosis of Schizophrenia, opened Diane to the strength and vulnerabilities of her family. She shares her experiences with empathy, candor, pride, and love.



Carrie Noseworthy, Founder, A Safer Me

Carrie Noseworthy founded “A Safer Me” to increase equitable access to safety with a focus on children and young adults of all abilities in their ever-changing environments. Carrie holds an MPA from Suffolk University and a LEND certificate from the UMass Medical School-Shriver Center and is a U.S. Army veteran. She uses the blend of these professional experiences combined with her lived experience as a sibling and parent relating to trauma, mental health, and disability to serve as an informed voice of change for families and professionals through training, consultation, and community leadership.