

Attention Deficit/Hyperactivity Disorder (ADHD) Resources

Compiled Summer 2015

A. Clinical Care Guidelines

1. The **American Academy of Pediatrics' (AAP) Subcommittee on Attention Deficit/Hyperactivity Disorder, Steering Committee on Quality Improvement and Management** issued guidelines for the treatment of ADHD in 2011. The guidelines include recommendations on approaches to diagnosis, as well as treatment with behavioral interventions and with medication.

<http://pediatrics.aappublications.org/content/early/2011/10/14/peds.2011-2654.full.pdf>

2. The **Centers for Disease Control and Prevention (CDC)** also has information about treatment guidelines on their website,

<http://www.cdc.gov/ncbddd/adhd/guidelines.html>

including, a link to a document from the AAP entitled “Implementing the Key Action Statements: An Algorithm and Explanation for Processes of Care for the Evaluation, Diagnosis, Treatment and Monitoring of ADHD in Children and Adolescents.”

<http://pediatrics.aappublications.org/content/suppl/2011/10/11/peds.2011-2654.DC1/zpe611117822p.pdf>

B. For Practices

1. The **National Institute for Children’s Health Quality (NICHQ)** in collaboration with the AAP and McNeil created a free ADHD toolkit (1st Edition, 2002) by applying sound principles of chronic care management to ADHD cases—namely, involving families in a total care program, tracking the results of our studies, using evidence as the basis for establishing guidelines and coordinating care among various caregivers. The NICHQ Vanderbilt Assessment Scales used for helping healthcare professionals diagnose ADHD and resources for management of ADHD, sleep, education and interaction with schools are included in the toolkit. A 2nd edition (2011) of the toolkit is available for purchase through AAP.

<http://www.nichq.org/childrens-health/adhd/resources/adhd-toolkit>

2. The **Massachusetts General Hospital School Psychiatry Program and MADI Resource Center** website has information on a number of topics related to ADHD diagnosis and treatment, including symptoms of ADHD, and ideas for activities that families and schools can undertake.

http://www2.massgeneral.org/schoolpsychiatry/info_ADHD.asp#whatis

C. For Families

1. The **CDC** has information about ADHD treatment on their website. The site includes information designed to be accessed by families, entitled “My Child has been Diagnosed with ADHD – Now What?” This page includes information on treatment options, things families can do to support their child’s behavioral therapy, and information on some parenting programs.

<http://www.cdc.gov/ncbddd/adhd/treatment.html>

The site also contains a page on signs and symptoms of ADHD,

<http://www.cdc.gov/ncbddd/adhd/diagnosis.html>

a symptom checklist,

<http://www.cdc.gov/ncbddd/adhd/documents/adhd-symptom-checklist-2015-06-08.pdf>

and, a Fact Sheet for families about ADHD

<http://www.cdc.gov/ncbddd/adhd/documents/adhd-fact-sheet-english-2015-04-21-link-updated.pdf>

2. The **Agency for Healthcare Research and Quality (AHRQ)** website has a document that summarizes treatment options

http://www.effectivehealthcare.ahrq.gov/ehc/products/191/1148/adhd_con_fin_to_post.pdf

D. Other ADHD Information Resources

1. **Children and Adults with Attention-Deficit/Hyperactivity Disorder**

To read about children and adolescents with ADHD, go to the tab “Understanding ADHD” and select topics under the Parents and Caregivers of Children with ADHD

www.chadd.org

2. The **National Resource Center on ADHD (a program of CHADD)**

<http://www.help4adhd.org/>