

## Medical Necessity Criteria

### Behavioral Health Services for Children and Adolescents (BHCA) Intensive Care Coordination (ICC)

Commercial Members Only

**Intensive Care Coordination (ICC)** is a service that facilitates care planning and coordination of services and supports, driven by the needs of the youth and family. ICC is a collaborative process of assessment, planning, facilitation, care coordination, evaluation, and advocacy for options and services to meet an individual's and family's comprehensive health needs through communication and available resources to promote patient safety, and quality of care developed through a "wraparound" planning process, consistent with the *Systems of Care* philosophy. Services include a comprehensive assessment, a risk/safety plan, family education, advocacy, support, referrals, and linkages to the continuum of care. An individual care plan (ICP) is developed in collaboration with the family and collaterals, such as a PCP or school personnel, through a care planning team (CPT).

The individuals' impairment is not solely the result of autism, developmental delay, intellectual impairment, hearing impairment, vision impairment, deaf-blind impairment, specific learning disability, traumatic brain injury, speech or language impairment, health impairment or a combination thereof. Psychosocial, occupational, cultural, and linguistic factors may change the risk assessment and should be considered when making level of care (LOC)/medical necessity decisions. (See below for continuation of level of care/medical necessity criteria.)

### Criteria

#### Admission Criteria

**All** of the following are necessary for admission to this level of care:

1. The member is a youth, younger than 19 years of age.
2. The member meets the criteria for a DSM-5-TR or corresponding ICD diagnosis.
3. The member receives multiple services across different provider disciplines and/or state agencies, whose treatment goals are not consistently aligned *and* needs a care planning team to coordinate the necessary services from all providers, state agencies, and/or special education.
4. The parent/guardian consents and voluntarily agrees to participate in ICC.
5. If the member is in a hospital, skilled nursing facility, psychiatric residential treatment facility, or other residential treatment setting, discharge is expected within 180 days or less.
6. The member is not receiving ICC or similar services, including care coordination through a state agency.

#### Psychosocial, Occupational, Cultural, and Linguistic Factors

*These factors may change the risk assessment and should be considered when making level-of-care decisions.*

#### Continued Stay Criteria

**All** of the following criteria must be met for continued treatment at this level of care:

1. The member's clinical condition(s) continues to warrant ICC services in order to coordinate involvement with state agencies, special education, and/or multiple service providers; and
2. Progress toward ICP identified goals:
  - a. Has been made and documented (based on defined objectives for each goal), but goals have not yet been substantially achieved; or

- b. Has not been made, and the CPT has identified and implemented changes and revisions to the ICP to better support the goals.

### **Discharge Criteria**

**Any** of the following criteria is sufficient for discharge from this level of care:

1. The member no longer meets admission criteria.
2. CPT determines that the member's documented ICP goals and objectives have been substantially met, and continued services are not necessary.
3. The parent/guardian withdraws consent for treatment.
4. The parent/caregiver is not engaged in the service to such a degree that this service is ineffective or unsafe, despite multiple, documented attempts to address engagement issues.
5. The member is placed in a hospital, skilled nursing facility, psychiatric residential treatment facility, or other residential treatment setting and is unable to return to a family home environment or a community setting.
6. The member becomes 19 years of age.