

Peer Support Can Give You Hope



Peer support means sharing stories and getting help from those who have been

through similar things. It offers hope and strength. Connecting with role models at support group meetings or talks with peer specialists and recovery coaches can be helpful.

Do You Need Support?

An MBHP Certified Peer Specialist understands and can help you on your path to recovery. You can also find support groups using our Peer Support Resource Guide. Find the guide and more information at masspartnership.com/mbhp/en/home/helpful-resources/recovery-peer-support.

Connect with Us

Call MBHP at 800-495-0086, Ext. 706870 for more information. We can help connect you with an MBHP Certified Peer Specialist.

Important: We want to help you get the information you need. The Massachusetts Behavioral Health Partnership (MBHP) gives free language support. If you do not speak English, you can call and ask for an interpreter. We can also read information to you. All written Member materials are printed in English and Spanish. We can also send you translated materials in other languages.

You can get this information in other languages and other formats. Examples include large print or Braille.

For translation help with any MBHP document, call toll-free at 800-495-0086. If you are Deaf or hard of hearing, you can reach us using TTY at 877-509-6981 or MassRelay at 711. We are here to help you with all MBHP resources.

Our goal is to treat everyone fairly and with respect. For more details, see our non-discrimination policy at masspartnership.com/mbhp/en/home/health-equity.



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Find Strength Through Connection



Peer Support for
MassHealth PCC Plan
Members



Start Your Recovery Journey with the Power of Peer Support and Certified Peer Specialists!

Are you struggling with a mental health diagnosis?

Managing symptoms and daily life can be a challenge. You don't have to do it alone. A Massachusetts Behavioral Health Partnership (MBHP) Certified Peer Specialist and other peer support services can help.

Who is a Peer?

A peer is someone who shares similar life experiences with you.



What is an MBHP Certified Peer Specialist (CPS)?

An MBHP CPS is a trained peer who is further along in their recovery. They use their own experiences to help support your goals. An MBHP CPS works in places like hospitals, community centers, and support groups. They help people find their own way to heal and grow.

Who Can Use MBHP CPS Services?

Any PCC Plan Member with a behavioral health or substance use disorder need identified by your provider.

An MBHP CPS Can Help With:

Emotional Support: Talk with someone who really understands how you feel.

Guidance: Work with specialists who have overcome struggles with post-traumatic stress disorder, depression, or addiction.

Resource Connection: Find local services for housing, food benefits, disability support, and other health resources.

Problem Solving: Learn ways to cope when things don't go as planned.

Recovery Plans: Create reachable goals and plans for your recovery.

