

Commonly Used Substance Use Disorder Screening Instruments

Instrument	Population(s)	Description	Access/More Information
Alcohol, Smoking, and Substance Involvement Screening Test (ASSIST)	Adults, Adolescents	An 8-item screening tool developed for the World Health Organization (WHO) by an international group of substance abuse researchers to detect and manage substance use and related problems in primary and general medical care settings. Includes a patient feedback report card. Available in several languages.	https://www.who.int/management-of-substance-use/assist/ <i>The Alcohol, Smoking and Substance Involvement Screening Test (ASSIST): Manual for Use in Primary Care</i> (Humeniuk et al., 2010)
Alcohol Use Disorders Identification Test (AUDIT)	Adults, Adolescents	A 10-item screening tool developed by WHO to identify persons whose alcohol consumption has become hazardous or harmful to their health. Available in English-, Spanish-, and Slovenian-language versions.	https://www.who.int/substance_abuse/activities/sbi/en/ <i>AUDIT: The Alcohol Use Disorders Identification Test Guidelines for Use in Primary Care, Second Edition</i> https://www.who.int/publications/i/item/audit-the-alcohol-use-disorders-identification-test-guidelines-for-use-in-primary-health-care
AUDIT-C	Adults	The first 3 questions of AUDIT (those that focus on alcohol consumption)	https://www.hepatitis.va.gov/alcohol/treatment/audit-c.asp
CAGE (Cut down, Annoyed, Guilty, Eye-opener)	Adults (people older than age 16)	A 4-item, non-confrontational questionnaire for detecting alcohol problems. Questions are usually phrased as “have you ever” but may also focus on present alcohol problems.	https://www.hopkinsmedicine.org/johns_hopkins_healthcare/download/all_plans/CAGE%20Substance%20Screening%20Tool.pdf
CRAFFT (Car, Relax, Along Forget, Family or Friends, Trouble)	Adolescents	A 6-item screening instrument. Test covers alcohol and drugs, and situations that are relevant to adolescents.	www.crafft.org
Drug Abuse Screening Test (DAST)	Adults	A 20- and 28-item adaptation of the Michigan Alcohol Screening Test (MAST) to detect consequences related to drug abuse without being specific about the drug, thus alleviating the necessity of using different instruments specific to each drug.	20-item instrument: https://www.hrsa.gov/behavioral-health/drug-use-questionnaire-dast-20 28-item instrument: https://integrationacademy.ahrq.gov/sites/default/files/DAST_0.pdf

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DAST-A	Adolescents	A 20-item DAST for adolescents.	http://chipts.ucla.edu/wp-content/uploads/downloads/2012/02/Drug-Abuse-Screening-Test_DAST_Adolescent-Version.pdf
Fagerstrom Test for Nicotine Dependence	Adults	A 6-item test evaluating cigarette consumption, the compulsion to use, and dependence. Screens for nicotine dependence. Severity rating can be used for treatment planning.	https://adai.uw.edu/instruments/pdf/Fagerstrom_Test_for_Nicotine_Dependence_115.pdf
Michigan Alcohol Screening Test (MAST)	Adults, Adolescents, Seniors	A 25-item instrument providing a general measure of lifetime alcohol problem severity that can be used for choosing treatment intensity and guiding inquiry into alcohol-related problems. A 13-item version (SMAST) and geriatric version (MAST-G) are available.	Original MAST (Selzer, 1971): https://adai.uw.edu/instruments/pdf/Michigan_Alcoholism_Screening_Test_156.pdf SMAST: https://hopequestgroup.org/wp-content/uploads/2011/09/SMAST-Short-Michigan-Alcohol-Screening-Test.pdf MAST-G: https://www.nccdp.org/resources/PDF_.pdf
NIDA Drug Use Screening Tool	Adults	A 1- to 7-question screening tool adapted from the WHO's ASSIST by the National Institute on Drug Abuse (NIDA).	https://www.drugabuse.gov/sites/default/files/pdf/screening_gr.pdf
TWEAK (Tolerance, Worried, Eye-openers, Amnesia [K] Cut down)	Adults, Pregnant Women	A 5-item scale to screen for risky drinking.	https://adai.uw.edu/instruments/pdf/TWEAK_252.pdf

All information above except for Fagerstrom Test for Nicotine Dependence and NIDA Drug Use Screening Tool are from: Substance Abuse and Mental Health Services Administration. *Systems-Level Implementation of Screening, Brief Intervention, and Referral to Treatment*. Technical Assistance Publication (TAP) Series 33. HHS Publication No. (SMA) 13-4741. Rockville, MD: Substance Abuse and Mental Health Services Administration, 2013. <https://store.samhsa.gov/product/TAP-33-Systems-Level-Implementation-of-Screening-Brief-Intervention-and-Referral-to-Treatment-SBIRT/SMA13-4741>