

2025 Health Equity Training Dismantling Implicit Bias

Thursday, August 14, 2025, 11 a.m.-12:30 p.m.

[Register here >](#)

Join the Massachusetts Clubhouse Coalition (MCC) for an insightful workshop on implicit bias. This session will offer an overview of the MCC Dual Recovery Project, highlighting specific biases, such as those related to race, gender, and mental health, that peer led recovery initiatives aim to dismantle. The training will explore common unconscious biases and provide practical tools for addressing and overcoming them, both personally and within groups.

Learning objectives:

- An overall understanding of the MCC Dual Recovery Project
- Develop an understanding of implicit bias and an awareness of its prevalence
- How to challenge implicit bias within the self and on a group level

This event will feature an ASL interpreter, and interpretation will also be available via Webex live translations.

Please note other accommodation needs on registration or contact johnna.gracik@carelon.com.

CEUs applied for: Nursing, LMFT, LMHC, Social Work, and LADC.

Speakers



Thomas Coppinger (he/him)

Thomas Coppinger is the Executive Director of the Massachusetts Clubhouse Coalition. He accepted this position in 2023 after 43 years with the Point After Club in Lawrence, where he was the Program Director since 1992. Tom is a passionate advocate with extensive experience helping adults with chronic mental health challenges lead successful lives in the community.



Julie Sprenkle, PsyD (she/her)

Dr. Julie Sprenkle is a woman in long-term dual recovery. She began her peer-recovery journey over 10 years ago with the help of the Massachusetts Clubhouse Coalition's Dual Recovery Project. Julie's role as Coordinator of this project began in 2014, and she credits this community with helping her to achieve a full sense of wellness.



Kaitlyn Sudol (she/her)

Kaitlyn Sudol is a Project Consultant with the Massachusetts Clubhouse Coalition, focusing on the Dual Recovery Project. One of the many hats she wears is an instructor in the Dual Recovery Anonymous Certification Program. She brings over 13 years of support and knowledge to the MCC.



Zachary Visinho, LADC II, CADC, CARC (he/him)

Zach Visinho has been working in the recovery community since 2014. He is a person in long-term recovery, who also has a Bachelor's in Business Management. Zach worked inpatient for many years before transitioning to his current role at Community Counseling of Bristol County (CCBC) as the LADC Director for their Department of Mental Health Adult Community Crisis Stabilization (ACCS) programs.



Shelton Dobson, CARC (he/him)

Shelton Dobson is a Substance Abuse Counselor/Recovery Coach at Perception Psychotherapy in Fitchburg, MA. He is a recent graduate of the Dual Recovery Anonymous Certification Program and is a consultant with the Massachusetts Clubhouse Coalition. Shelton has over 34 years of long-term recovery, is a retired Correctional Officer, and a proud Army Veteran.