

Recovery is For Everyone:

- Every Person,
- Every Family,
- Every Community



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Understanding Disparities and Building Health Equity:
A Social Justice Framework and Approach

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**Yes I Earned a
PhD, CPS,
CADCII, LADCI.**

**And I Earned a
GED in Prison!**



¡SÍ, Se Puede!



**23
MILLION**

**YOUR
VOICE
YOUR
POWER**

**People Living in the Solution:
Recovery! – iRecuperacion!**

History



Context

Matteri

Mantra: Addiction and Mental Health Don't Discriminate!!

(Individuals)



WHM

systems





Deliberate Silos



Overdose Families Usage
Political Epidemic
Drugs

**Approximately
97 Thousand
People Died in 2020!**

Antidote
Depression
Withdrawl
Laws

Myopic View of the
Problem.....

Myopic Solutions that
Maintain the Status Quo!!



- A racial, ethnic or behavioral health outcome that is seen to greater or lesser extent between populations
- Particularly linked with social, economic, and/or environmental disadvantage

(Healthy People 2020)

Mass Incarceration

1970

200,000



2021

2.3 M

5.5 to 6 Million Individuals

on Probation, Parole, House Arrest!

Deliberate Policies

- War On Drugs
- Criminalization of Behaviors
- Schools Zones
- 3 Strikes and You're Out

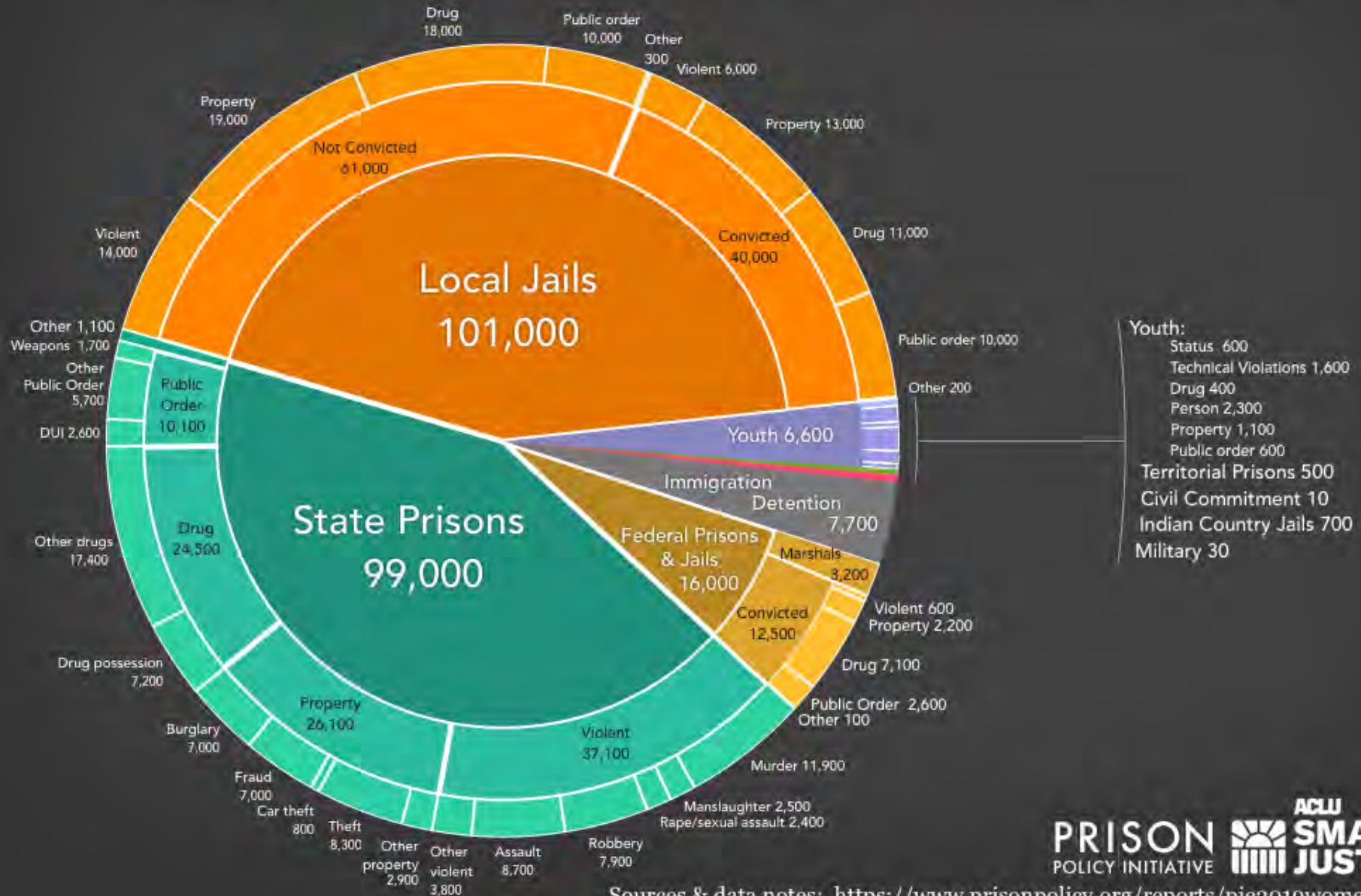
So Called “Plea Bargains” 2019

- 90-96% at the Federal level
- 90-94% State Level

- Powder vs. Crack Cocaine
- Mandatory Minimums
- Voting Rights
- Massive Prison Construction
- Privatization of Prisons/Jails
- Criminal Offender Records

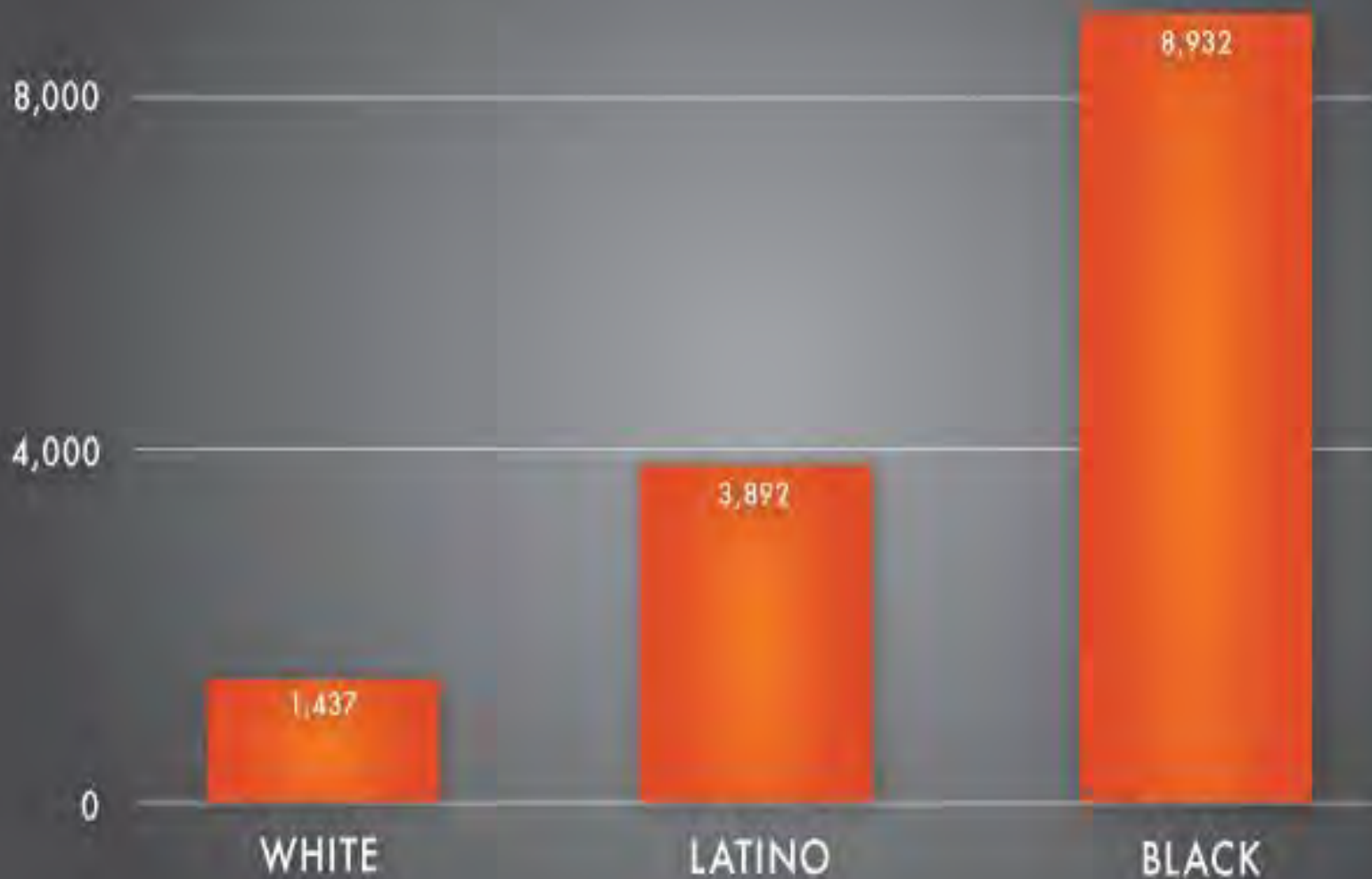
How many women are locked up in the United States?

The United States is one of the top incarcerators of women in the world. Changing that will require knowing where 231,000 incarcerated women fall within our decentralized and overlapping systems of mass incarceration.



Young Male Incarceration Rates, 2019

(number of people 25-29 years old incarcerated per 100,000 people in that age group)





Strategies, Techniques, and Solutions



Fund and Support a True Public Health Approach



**Multiple Strategies
Over Multiple Domains**

How to Adequately Fund the Continuum?

INCARCERATION VS EDUCATION IN THE UNITED STATES OF AMERICA

\$ CORRECTIONS FUN

\$75 BILLION
SPENT PER YEAR
ON INCARCERATION



\$100,000
PER PRISONER



OVER 20 PRISONS
BUILT IN CALIFORNIA SINCE 1980

PRISON
DEMOGRAPHICS

25% OF THE
WORLD'S TOTAL
PRISON
POPULATION IS
HELD IN AMERICA



1 IN 4

BLACK MALES
WILL GO THROUGH
CORRECTIONS IN
THEIR LIFETIME

#1

HIGHEST
PRISON
POPULATION
GLOBALLY

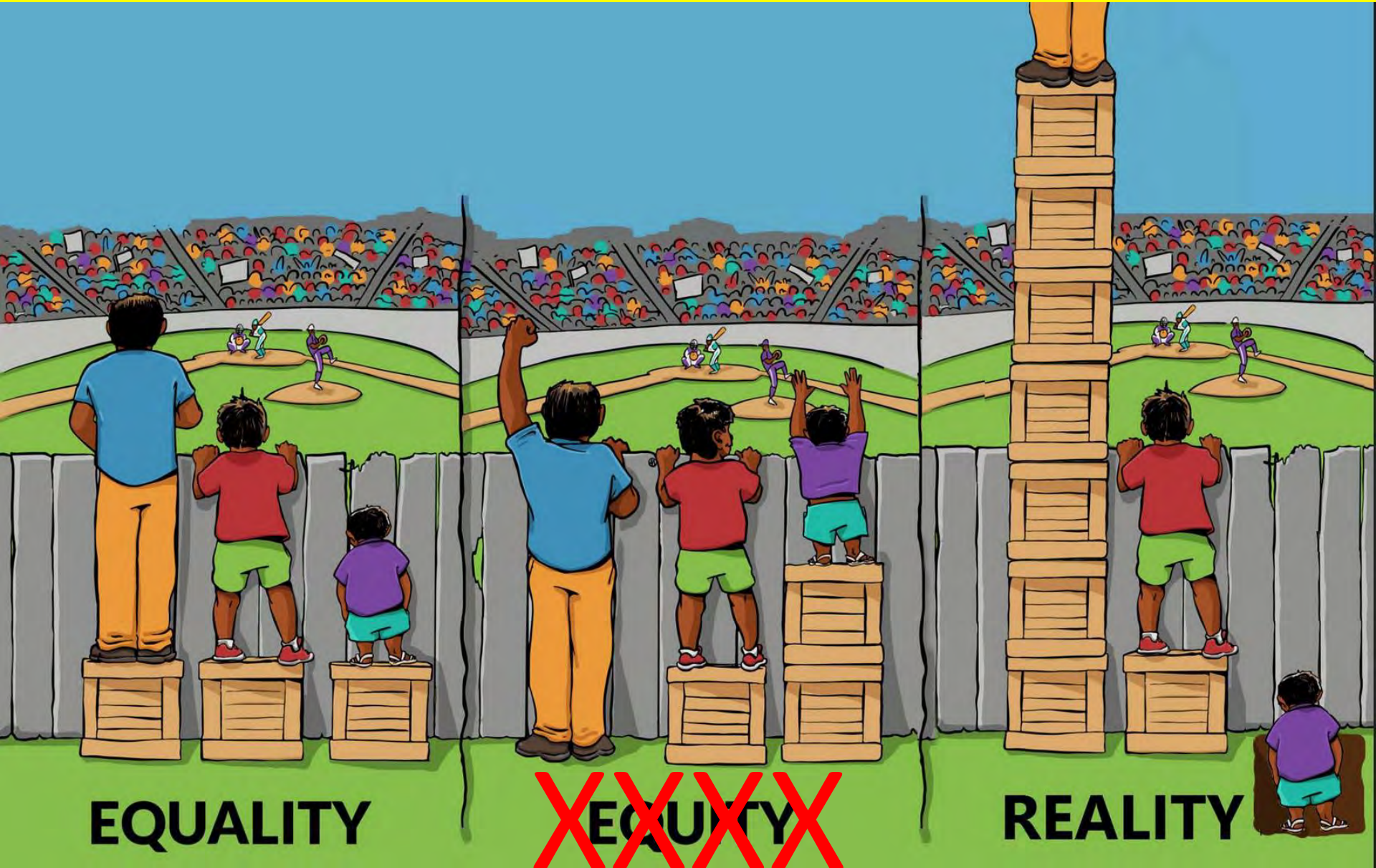
#03

COLLEGE
POPULATION



MA,
ED

Build Equity!!!



EQUALITY

~~**EQUITY**~~

REALITY

Cultural Humility

“Cultural Humility incorporates a **lifelong commitment to self-evaluation and self critique to redressing the power imbalances** in the ~~patient-physician~~ dynamic and to developing **mutually beneficial and non-paternalistic clinical and advocacy partnerships with communities** on behalf of individuals and the defined population.”

Source: Tervalon and Murry-Garcia, 1998

Strength
~~Weakness~~

natural
Strengths
abilities
gifts
Qualities
Core talents

Strengths-Based Engagement and Practice

CREATING EFFECTIVE HELPING RELATIONSHIPS

Everybody is a genius.
But if you judge a fish by its
ability to climb a tree, it will
live its whole life believing
that it is stupid.

—Albert Einstein

We Can Do It!



SOME PEOPLE CAN'T
BELIEVE IN THEMSELVES
UNTIL SOMEONE ELSE
BELIEVES IN THEM
FIRST.

GOOD WILL HUNTING

WWW.LIVEHAPPY.COM

Not Just Trauma Informed...



..... Social Justice Informed!!

**Evidence: All Credible
Outcomes Show That...**



**THERES MORE
THAN ONE PATH TO
RECOVERY**

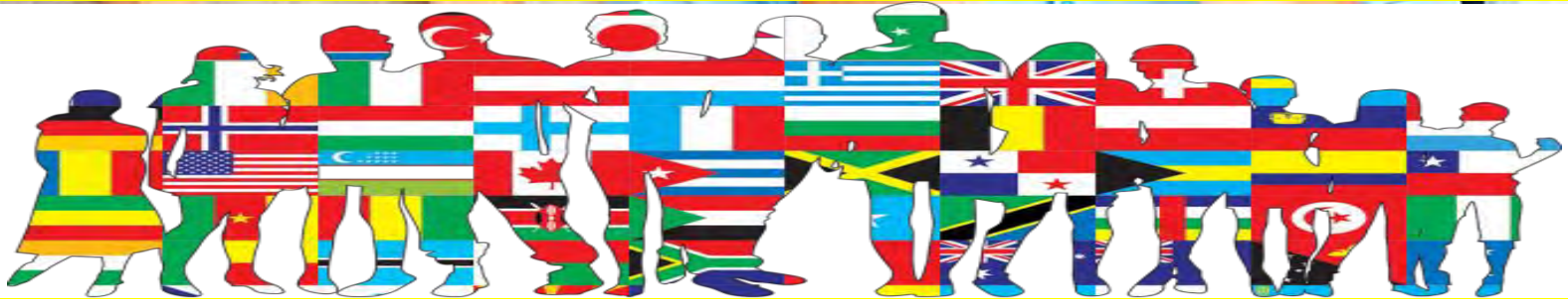


Restorative Justice

Current Workforce



Client Population



Diverse Workforce



Social Determinants of Health



“The most potent weapon in the hands of the oppressor is the mind of the oppressed.” Steve Biko



**"Aquel que no esta orgulloso de su origen,
no valdránunca nada, pues comienza
a despreciarse a si mismo."**

Don Pedro Albizu Campos