

Join the Integrated Care Management Program today!

We all know that taking care of our health is important. If you or a loved one is living with a difficult mental and/or physical health condition, caring for your health can feel overwhelming.

We are here to help!

Guiding you to better health

When you join the MassHealth Primary Care Clinician (PCC) Plan, you are automatically enrolled in the Massachusetts Behavioral Health Partnership (MBHP). Call the **MBHP Member Engagement Center at 800-495-0086** to see if you are in the PCC Plan.

Our Integrated Care Management Program (ICMP) is for PCC Plan/MBHP Members with complex or multiple health conditions. Care managers help people with both their physical and mental health concerns. Many conditions qualify you for the ICMP.

Some examples include:

- **Asthma**
- **Obesity-related conditions**
- **Schizophrenia**
- **Diabetes**
- **Substance Use Disorders**
- **Depression**
- **Hepatitis C**
- **and many more!**



Get on the road to better health!

The ICMP is free for PCC Plan/MBHP Members ages birth through 64, and you can leave the program at any time.

Care managers will speak with you by phone or can meet you at your home, doctor's office, or in the community. They will help you or your caregiver learn more ways to care for your health and improve the way you feel. They will work with you, your family, friends, and/or other caregivers to provide additional assistance and support.

Here's what the ICMP can do for you

The program can help you:

- **Learn more** about your health and your health condition(s) by providing connections to resources.
- **Get connected** to housing and transportation resources.
- **Get answers** to questions between visits to the doctor.
- **Understand** and follow the treatment plan set by you and your doctor.
- **Choose** the care that is best for you.

Enroll in the ICMP today!

To learn more, call **800-495-0086, Ext. 706870**, Monday through Friday 8:30 a.m. to 5 p.m., or ask your doctor's office if they have care managers.