

Transition Plan for Viera Family (AJ and Tisha)

COVER SHEET

Youth's name: AJ and Tisha Viera	Date of plan: 7-14-2010 and 7-19-2010
CSA name: Child and Family Focus	Intensive Care Coordinator: Laurie Beckel
Primary care provider: Tucson Health Department Clinic	Family Partner: Edie Martinez
Contact information: 233 First St. Apt B, Tucson AZ	Date of Well-Child Care Visit: June 19, 2010
Date First ICP sent to primary care provider: 7-20-2010	Date of Safety Plan Review: 6-18-2010

Ongoing Supports and Services that are expected to Continue after Wraparound

These ongoing supports and services (formal and natural) will become the sustainability plan for the family.

Date Identified	Support name/type	Relationship to Child	Frequency of contact	Type of Support
7-14	Cara Peters	Mother's best friend	Daily	Child care, moral support, substance use abstinence support
7-14	Nyrell Johnson	AJ'S best friend	Daily	Role model, activity initiator, behavior control
7-28	Bette Franklin	Mother's friend	2-4 times monthly	Mother with older child who had similar needs to Tisha. Share knowledge and support
8-11	Dookie Hill	AJ's friend	5 times per week	Do activities together, keep him out of trouble
10-13	Franco Martinez	AJ/Nyrell soccer coach	4-5 times per week	Coaches high school and community soccer team
10-27	LaRisa Johnson	Mariam's sister	Weekly	Emergency child care, Nyrell's mother, place for AJ to hang out
10-27	Bernie Hughes	Anthony's cousin	3 times per week	Supports AJ/Nyrell with soccer, encourages physical fitness
3-16	Luis Ruiz	Anthony's AA Sponsor	3-4 times per week	Supports his abstinence, shares single father experience
3-16	Minnie and Margret Everett	Tisha's friend Mariam's friend	1-2 times per week	Play dates shared Respite care and shared experience

Strengths added at transition celebration meeting:

- Mariam has led team meetings for several months
- Anthony has gotten into recovery from alcoholism, has 55 days of clean time
- Anthony has admitted his addiction and has worked with the team
- Tisha's behaviors has improved and all the family has more skills
- The family has fun together
- Family has learned a lot from Bruce, building on existing skills
- Tisha is calmer and follows directions
- Tisha is doing well in pre-school
- Anthony is using the skills with Tisha in many settings
- Tisha is safe, Tina has closed case
- Cara has skills in dealing with Tisha
- Tisha's toileting is normal
- LaRisa is able to babysit Tisha without problems
- AJ has stopped running
- AJ has not gotten into a fight in four months
- Keith is going to talk with the judge about AJ getting off probation, in one month assuming he stays on track
- The family is safe and together
- The vision statement is now true
- AJ and Nyrell went out for soccer and made the team
- AJ is following house rules
- Therapy has gone well, AJ is less stressed
- AJ is cooking some good stuff
- AJ is handling teasing at school
- AJ and another school counselor (Mr. Romero) are going to be mentoring another youth who has aggression
- Mariam and Anthony are working together

Revised Family Vision:

We continue to work together and have fun as a family. Mariam is on her path to a chosen career and AJ is successful in high school. Mariam, Anthony, and AJ maintain substance free lives and Tisha is successful in child care and is ready for entering kindergarten.

Lessons Learned:

- With the right support, kids stop using when family stabilizes; when AJ learned to control his temper, he was able to stop using
- Youth can learn to refuse drugs. AJ knows how to turn down drugs, as has Nyrell
- Wraparound helped more than the “target child”, helping both Nyrell and AJ
- Children with ADHD like Tisha can improve behavior with structure and consistency
- Everyone does better with support
- Natural supports work, supports work because everyone was treated like people with strengths
- Child welfare got input from parents
- The plan has been the family plan, families do better when they own their plan
- Families do better when systems integrate care and work as a team
- Missions get accomplished when team commits and are able to handle conflicts
- Divorced parents can prioritize the needs of their children and co-parent effectively, putting differences aside.

Family’s Ongoing Needs after transition:

- Mariam needs to work as soon as possible
- Mariam needs to feel that Tisha is in a stable child care arrangement
- Mariam and Anthony need support in dealing with new behaviors of Tisha
- AJ needs to continue to do well in school
- AJ needs to maintain his violence and drug free life
- Mariam and Anthony need to sustain their recovery
- Tisha needs to continue doing better with her interaction with Mariam, becoming more independent
- Mariam would like support to go back to further training and be able to obtain a job in business
- Mariam and LaRisa need more sister time
- Cara and Mariam need continued time together, ideally away from children
- Anthony needs to grow his house painting business

How will the Family Continue to get team support when the wraparound staff are no longer managing the process:

Mariam, Anthony and AJ will continue to have family meetings but will back these off to every other week. If any of the three of them thinks they need to meet more often they can call a meeting. The family will seek advice from all of their supports and discuss with each other. They will make big decisions together and if they think that they need to call their supports together Mariam will call and facilitate a meeting. LaRisa has agreed to help with the meetings. The family and team decided to have a meeting just before school starts so set the completion of the action items for 8-18 and the meeting on 8-19-11.

Team Process

The family felt that everyone had learned the process and they could move forward with the understanding of no shame and blame and confidentiality but did not need formal ground rules.

Prioritized Needs:

- AJ needs to get more excited about being in school and moved toward a school environment that works for him
- Tisha needs to be exposed to larger groups of children and older children as part of preparation for being in public school
- Mariam would like support to go back to further training and be able to obtain a job in business

Section VI. Objectives and Action Plans

Need: AJ needs to get more excited about being in school as he is very bored

Objective: AJ will complete two internet courses, three art projects, and meet with the vocational program staff before school starts

Action Steps	Responsible Person	Target Date	Date Done
1. AJ will develop a completion schedule for two internet courses and will review them with Mariam once a week	AJ Mariam	6-13-11	8-18-11
2. AJ will go to the vocational training site and work out the details for his schedule for afternoons each week next fall	AJ and Josie	8-01-11	8-18-11
3. AJ will complete an art project each month and schedule a time to review all of the work for the month with his art teacher.	AJ and Mrs. Juarez	7-06-11	8-18-11

Need: Tisha needs to be exposed to larger groups of children and older children as part of preparation for being in public school

Objective: Tisha will go to Kids Den throughout the summer with higher ratings on the social interaction scale and be prepared for Head Start

1. Mariam and Sara will take Tisha to visit the Head Start program and meet with the teachers before school starts	Mariam Sara	7-15-11	8-18-11
2. Tisha will attend Kid's Den whole days four days a week while Mariam works and spend one day with Anthony	Mariam Anthony	5-19-11	5-26-11

Need: Mariam would like support to go back to further training and be able to obtain a job in business

Objective: Mariam will find a job training program and make applications by the end of the summer

1. Mariam will go to the vocational services center and complete a job skills inventory and get a list of resources	Mariam	6-30-11	8-18-11
2. Mariam and LaRisa will search for possible training programs and review them and meet for lunch once a week and review them	Mariam LaRisa	6-15-11	8-18-11

Safety / Crisis Plan

Name: Viera Family

Facilitator: Mariam

Date(s) developed: 2-27-11

Team Members participating in safety plan development: Mariam, Cara, Anthony, AJ, Nyrell, LaRisa (the ongoing family team)

Need: Maintain Recovery
Objective: AJ, Mariam, and Anthony will continue to live substance free
Measurement Strategy (what, who, and when) Each will monitor their own level of recovery and report back to the family team on a weekly basis. In this reporting, each will rate their stability of recovery from 1 to 5 with 5 being the most stable recovery

<u>Prevention Steps</u>		Responsible Person	Due	Done
Prior to (list a trigger):	We will (list a prevention step):			
1. Letting Tisha backslide and stress building up	Let each other know if she is doing some of her old behaviors more	AJ, Mariam, Anthony	Ongoing	
2. Thinking about using	Anthony will keep attending AA, Mariam will keep talking to Cara, and AJ will talk to Mariam about his recovery	AJ, Mariam, Anthony	Ongoing	
3. AJ Getting too bored	He and Nyrell will track AJ's boredom and report it to the family team	AJ, Nyrell	Ongoing	
<u>Early Intervention Steps</u>		Responsible Person	Due	Done
Prior to (list an antecedent behavior):	We will (list a response step):			
1. Family life gets stressful due to Tisha's behavior	Each family member is responsible for letting the family know that they are getting stressed	AJ, Mariam, Anthony	Ongoing	
2. Feeling the urge to actually use and have a plan to use	Each family member contacts their crisis response person and shares the feeling	AJ, Mariam, Anthony		
3. AJ is bored and feels like using	AJ will call an immediate family meeting	AJ		
<u>Intervention Steps</u>		Responsible Person	Due	Done
Behavior	We will (list an intervention step):			
1. Any family member is using and is in relapse	Hold an immediate family meeting to provide support	AJ, Mariam, Anthony	Ongoing	
2. Tisha is out of control	Hold a family meeting. Call Edie and Bruce for support, get session with Bruce	Mariam and Anthony		
3. AJ showing signs of aggression	Hold a family meeting. Call Samuel Wickerson for an immediate session, for all family members, consult with Keith as needed	AJ, Mariam, Anthony		