

Medical Necessity Criteria

Children's Behavioral Health Initiative In-Home Behavioral Services (IHBS)

In-Home Behavioral Services (IHBS) are delivered by one or more members of a team consisting of professional and paraprofessional staff, offering a combination of medically necessary Behavior Management Therapy and Behavior Management Monitoring.

Behavior Management Therapy: This service includes a behavioral assessment (including observing the youth's behavior, antecedents of behaviors, and identification of motivators); development of a highly specific behavior plan; supervision and coordination of interventions; and training other interveners to address specific behavioral objectives or performance goals. This service is designed to treat challenging behaviors that interfere with the youth's successful functioning. The behavior management therapist develops specific behavioral objectives and interventions that are designed to diminish, extinguish, or improve specific behaviors related to the youth's behavioral health condition(s) and which are incorporated into the behavior plan and the risk management/safety plan.

Behavior Management Monitoring: This service includes implementation of the behavior plan, monitoring the youth's behavior, reinforcing implementation of the behavior plan by the parent(s)/guardian(s)/caregiver(s), and reporting to the behavior management therapist on implementation of the behavior plan and progress toward behavioral objectives or performance goals. Phone contact and consultation may be provided as part of the intervention.

For youth engaged in Intensive Care Coordination (ICC), the behavior plan is designed to achieve a goal(s) identified in the youth's Individual Care Plan (ICP). The Care Planning Team (CPT) works closely with the youth, parent(s)/guardian(s)/caregiver(s) and/or other individual(s) identified by the family to support adherence to the behavior plan and to sustain the gains made.

Criteria

Admission Criteria

All of the following criteria are necessary for participation in this level of care:

1. A comprehensive behavioral health assessment, inclusive of a Functional Behavioral Assessment, indicates that the youth's clinical condition warrants this service in order to diminish, extinguish, or improve specific behaviors related to the youth's behavioral health condition(s).
2. Less-intensive behavioral interventions have not been successful in reducing or eliminating the problem behavior(s) or increasing or maintaining desirable behavior(s).
3. Clinical evaluation suggests that the youth's clinical condition, level of functioning, and intensity of need require the establishment of a specific structure and the establishment of positive behavioral supports to be applied consistently across home and school settings, and warrants this level of care to successfully support them in the home and community.
4. Required consent is obtained.

Psychosocial, Occupational, and Cultural and Linguistic Factors

These factors may change the risk assessment and should be considered when making level-of-care decisions

Exclusion Criteria

Any one of the following criteria is sufficient for exclusion from this level of care:

1. The environment in which the service takes place presents a serious safety risk to the behavior management therapist or monitor, alternative community settings are not likely to ameliorate the risk, and no other safe venue is available or appropriate for this service.
2. The youth is at imminent risk to harm self or others, or sufficient impairment exists that requires a more-intensive level of care beyond a community-based intervention.
3. The youth has medical conditions or impairments that would prevent beneficial utilization of services.
4. Introduction of this service would be duplicative of services that are already in place.
5. The youth is in a hospital, skilled nursing facility, psychiatric residential treatment facility, or other residential setting at the time of referral and is not ready for discharge to a family home environment or community setting with community-based supports.

Continued Stay Criteria

All of the following criteria are required for continuing treatment at this level of care:

1. The youth's clinical condition(s) continues to warrant IHBS in order to maintain them in the community and continue progress toward goals established in the behavior plan.
2. The youth is actively participating in the plan of care and treatment to the extent possible consistent with their condition.
3. With consent, the parent(s)/guardian(s)/caregiver(s), and/or natural supports are actively involved in the treatment as required by the behavior plan, or there are active efforts being made and documented to involve them.

Discharge Criteria

Any one of the following criteria is sufficient for discharge from this level of care:

1. The youth no longer meets admission criteria for this level of care or meets criteria for a less- or more-intensive level of care.
2. The youth's behavior plan goals and objectives have been substantially met, and continued services are not necessary to prevent the worsening of the youth's behavior.
3. The youth and/or parent(s)/guardian(s)/caregiver(s) are not engaged in treatment. The lack of engagement is of such a degree that treatment at this level of care becomes ineffective or unsafe, despite multiple, documented attempts to address engagement issues.
4. Consent for treatment is withdrawn.