

Medical Necessity Criteria

Children's Behavioral Health Initiative Intensive Hospitalization Diversion Program

Intensive Hospitalization Diversion (IHD) is a specialized service of In-Home Therapy (IHT). As such, IHD providers are expected to adhere to IHT performance specifications in addition to those contained herein. Where there are differences between the IHT and IHD specifications, IHD specifications take precedence.

The Intensive Hospital Diversion (IHD) Program will provide intensive, short-term (on average, 4 to 6 weeks) in-home crisis stabilization and treatment to youth and their families to support diversion from psychiatric hospitalization and other out-of-home placements. The clinical goal of this program is to provide youth under the age of 21 and their parents/guardians/caregivers with the intensive, short-term treatment and support needed to maintain the youth at home safely and to (re)connect them to ongoing outpatient and/or community-based services.

Criteria

Admission Criteria

All of the following criteria are necessary for participation in this level of care:

1. The Member must meet current medical necessity criteria for IHT and have additional acute needs that cannot be met by IHT, as defined by the following:
 - a. The Member is in acute crisis and at imminent risk of 24-hour level of care and has been evaluated by a YMCI team or an ED clinician.
 - b. YMCI or other crisis evaluation indicates the need for more-intensive treatment than IHT and YMCI together, and the Member can safely be maintained in the community with Intensive Hospital Diversion in place as agreed upon by family and crisis clinician.

Exclusion Criteria

Any one of the following is sufficient for exclusion for this level of care:

1. The Member is concurrently receiving IHT or another intensive, home-based service, including those provided by other state agencies.
2. The Member has reached their 21st birthday.

Discharge Criteria

Any one of the following criteria is sufficient for discharge from this level of care:

1. The youth no longer meets admission criteria for this level of care, or meets criteria for a less- or more-intensive level of care.
2. The treatment plan goals and objectives have been substantially met, and continued services are not necessary to prevent worsening of the youth's behavioral health condition.
3. The youth is no longer living in a home setting.