

Service Definition

In-Home Therapy Services

The service definition for In-Home Therapy and Therapeutic Training and Support includes the following service components billed in 15-minute increments. Please refer to the Performance Specifications for this service for more detailed information about the service components and related provider responsibilities. (1 unit = 15 minutes)

- Comprehensive, home-based behavioral health assessment inclusive of the CANS
- Risk management/safety planning
- Treatment planning
- Intensive Family Therapy
- Identification of community resources and development of natural supports for youth and parent/guardian/caregiver
- Care coordination including:
 - Direct time with providers (e.g., attendance at IEP meetings, hospital discharge meetings, Care Planning Team (CPT) meetings (for Members enrolled in ICC), etc.)
 - Collateral contacts (phone and face-to-face)
 - Collaboration with care coordinator (for youth enrolled in ICC services) and/or other behavioral health service providers
 - Referral and linkage to appropriate supports and services
 - Aftercare planning
- Coaching in support of decision-making in both crisis and non-crisis situations
- Skills training for youth and parent/guardian/caregiver
- 24/7 phone crisis response
- Member transportation provided by staff
- Member outreach¹ (up to 30 minutes)
- Documentation (time spent completing required paperwork as outlined in the Performance Specifications)

The following activities are included in the rate and are not billable as separate units:

- Supervision
- Psychiatric consultation²
- Utilization review with payer
- Administrative paperwork as required by host agency
- Staff travel time
- Translation services
- Training activities
- Internal consultation with staff persons within the same program

9/01/09

¹ This includes time spent waiting at a Member's home or other community-based setting for a scheduled appointment.

² Face-to-face psychiatric evaluation/medication management is billable as an outpatient service.