

InterQual Provider Training

Training will begin at 3:03PM EDT to allow everyone to sign into the webinar

September 2019

Agenda

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1	What is InterQual?	2	Outpatient
3	Inpatient	4	Additional Procedures
5	Important Information	6	Questions?



Chapter

01

"We help people live their lives to the fullest potential."

Our Commitment

InterQual Transparency Tool



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What is InterQual?

Effective Sept. 21, 2019, Beacon will begin using Change Healthcare's InterQual [®] medical necessity criteria.

Using nationally recognized criteria is consistent with mental health parity requirements. Beacon is committed to strengthening and enhancing clinical quality by leveraging this bestin-class, evidence-based criteria.



What is InterQual?

- Evidence-based, nationally used criteria across healthcare (Physical Health, Behavioral Health and Substance Abuse)
- InterQual criteria are derived from the systematic, continuous review and critical appraisal of the most current evidence-based literature and include input from their independent panel of clinical experts
- Criteria is reviewed and updated annually
- InterQual is intended for use as screening guidelines with respect to medical appropriateness of healthcare services.
- Substance Use criteria **will not** be impacted (ASAM/LOCADTR/TCADA or other state criteria remain the same).

**If a denial is issued by Beacon, the rationale will be shared in the denial letter. Denials are based on a medical necessity review by a Physician and not solely on InterQual criteria.



What is InterQual?

Accounts that require use of state-specific or other medical necessity criteria are NOT impacted.

Other processes and workflows remain the same (such as authorization process); only the criteria are changing.

Providers **will not** be submitting authorization requested through InterQual. Beacon's authorization process will remain the same.



Plans not moving to InterQual

Affinity	MetroPlus
Amida Care	MVP HealthCare
Crystal Run	Senior Whole Health NY
CTBHP Connecticut Behavioral Health Partnership	Value Behavioral Health of Pennsylvania (VPH PA)
Elder Plan	Visiting Nurse Service Choice (VNS) Medicare
Emblem Health and Group Health Incorporated (GHI)	Visiting Nurse Service Choice (VNSNY) Choice Select
Empire	YourCare Health Plan
Hamaspik	BCBS Tennessee (Tenncare) After hours plan
Health First (ABA only)	Better Health Amerigroup
Horizon BlueCross- BlueShield NJ Commercial/Gov't	Care Source KY (HSCKY)
iCircle	Clear Healthcare- Amerigroup
Independent Health (IHA)	Georgia
Maryland	Kansas Department of Aging and Disability Services- Federal Block Grant/Problem Gambling Fund
Michigan LRE	Kansas Sentencing Commission
NC Health Choices	Simply Healthcare
NC PSD	Fresno County
Passport Advantage	HMSA (Commercial/Medicaid/Medicare)
Shasta County	ОСМНР



https://www.beaconhealthoptions.com/providers/beacon/handbook/clinical-criteria/

HOME / PROVIDERS / BEACON HEALTH OPTIONS / PROVIDER HANDBOOK / MEDICAL NECESSITY CRITERIA

Medical Necessity Criteria

InterQual Medical Necessity Criteria

Beacon's medical necessity criteria, also known as clinical criteria, are based on nationally recognized resources, including but not limited to, those publicly disseminated by the American Medical Association (AMA), American Psychiatric Association (APA) and American Academy of Child and Adolescent Psychiatry (AACAP), Substance Abuse and Mental Health Services Administration (SAMHSA), the American Society of Addiction Medicine (ASAM), MCG (formerly known as Milliman Care Guidelines), and the Center for Medicaid and Medicare (CMS). For management of substance use services, Beacon uses ASAM criteria.

Medical necessity criteria may vary according to individual state and/or contractual requirements and member benefit coverage. Use of other substance use criteria other than ASAM is required in some jurisdictions.

Provider Portal	+
Forms	+
Provider Handbook Medical Necessity Criteria	-
Clinical Practice Guidelines	
Important Tools	+
Network-Specific Info	
Contact Information	+

Navigate your browser to the link listed above to access InterQual Medical Necessity Criteria



InterQual Registration

Medical Necessity Criteria Application						
	Login	Registration				
	Email address					
	Password					
	First Name					
	Last Name					
	Regist	er 🍂				
			J			

Registration is required to view the criteria.

This is a separate login from ProviderConnect or eServices.

You will need to enter the following to register:

- Email address
- Password
- First name
- Last name

Once completed, click on Register.

InterQual Login

Medical Necessity Criteria Application			
	Login	Registration	
	Email address		
	Password		
	Logi	n 🌒	
	Forgot p	assword?	

Once registration has been completed, proceed to the login link. Enter your email address and password to login.



Password recovery

Medical Necessity Criteria Application		
	Password Recovery	
	Email address	
	Recover my password	
	Return to login page	

For password recovery, enter your email address, then click recover my password.

An email will then be sent you with your password.



Medical Necessity Criteria Application				
CHANGE InterQual®			Signed in as Barry Cassell Sign out	
Eacon Health Bookview			HELP	
Select Subset Refine search with Product, Version, Category, Keywords or Medical Codes SELECT PRODUCT • SELECT VERSION • SELECT CATEGORY • CLINICAL REFERENCE Enter Keywords Enter Medical Codes FIND SUBSETS CLEAR ALL BOOKMARKS I				
Subset 🔺	Product	Version 👻		
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Select Subset Refine search with Product, Version, Category, Keywords or Medical Codes							
SELECT PRODUCT - SELECT VERSION -	SELECT CATEGORY -						
Enter Keywords Enter Medical Codes	FIND SUBSETS						
SELECT PRODUCT - SELECT VERSION BH:Adult and Geriatric Psychiatry Image: Select version		Produc	t	Version 👻			
BH:Child and Adolescent Psychiatry BH:Procedures Q & A Medicare Procedures	Begin your down menu	navigation by clicking o . Select the appropriate	n Select Product. e product from the	This will open a drop- re.			



Select Subset Refine search with Product, Version, Category, Keywords or Medical Codes							
BH:ADULT AND GERIATRIC PSYCHIATRY - 2019 - SELECT CATEGORY -							
Enter Keywords	Enter Medical Codes	FIND SUBSETS					
Results Count: 1							

	Select Subset Refine search with Product, Version, Category, Keywords or Medical Codes		
Make sure you are selecting	BH:ADULT AND GERIATRIC PSYCHIATRY -	2019 - SELECT CATEGORY -	
up to date criteria	Enter Keywords Enter Medical C	2019 🖌 SUBSETS CLEAR ALL BOOKMARKS	וה
	Pesults Count: 1	2018	
	Results Counc 1	2017	
	Subset 🔺	2016.3 Prod	duct
		2016.2	
	Adult and Geriatric Psychiatry	2016 BH:A	\dul



Select Subset Refine search with Product, Version, Category, Keywords or Medical Codes						
BH:ADULT AND GERIATRIC PSYCHIATRY -		•	SELECT CATEGORY -			
Enter Keywords	Enter Medical Codes		All Categories			
Results Count: 1			Adult and Geriatric Psychiatry			

Subset 🔺	Product	Version 👻
Adult and Geriatric Psychiatry	BH:Adult and Geriatric Psyc	hiatry InterQual 2019

Select the category. You may choose All Categories or the appropriate category based on the subset you selected. Click on the subset after you have chosen the category.

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Please review the subset notes

InterQual® 2019, BH:Adult and Geriatric Psychiatry Adult and Geriatric Psychiatry

Informational Notes The Adult and Geriatric Psychiatry Criteria are for the review of patients who are ages 18 and older.

InterQual[®] content contains numerous references to gender. Depending on the context, these references may refer to either genotypic gender. At the individual patient level, a variety of factors, including, but not limited to, gender identity and gender reassignment via surgery or hormonal manipulation, may affect the applicability of some InterQual[®] content contains numerous references to gender. Depending on the context, these references may refer to either genotypic gender. At the individual patient level, a variety of factors, including, but not limited to, gender identity and gender reassignment via surgery or hormonal manipulation, may affect the applicability of anatom, septical citeria. This is most often the case with genetic testing and procedures that assume the presence of gender-specific anatomy. With these considerations in mind, all references to gender in InterQual have been reviewed and modified when appropriate. InterQual users should carefully consider issues related to patient genotype and anatom, septically intervansgender in individuals, when appropriate.

InterCual® criteria are derived from the systematic, continuous review and critical appraisal of the most current evidence-based literature and include input from our independent panel of clinical eveprets. To generate the most appropriate recommendations, a comprehensive literature review of the clinical evidence was conducted. Sources searched included the Agency for Healthcare Research and Quality (AHRQ) Effective Health Care Program, American Psychiatric Association, American Psychiatry, American Psychiatry, American Psychiatry, American Psychiatry, American Psychiatry, National Institute of Alcohol Abuse and Alcoholism, National Institute for Health care Forgam, American Institute on Drug Abuse, PubMed, Substance Abuse and Mental Health Services Administration, and other key medical societies. The Association of Ambulatory Bediatry and Care Excellence, National Institute on Drug Abuse, PubMed, Substance Abuse and Mental Health Services Administration, and other key medical societies. The Joint Commission on Accreditation of Rehabilitation Facilities, and the Joint Commission were also searched intrak were assessed for risk of bias following principles described in the *Cochrane Handbook*. The resulting evidence was seessed for consistency, directness, precision, effect size, and publication bias. Observational traits were also evaluated for the presence of a dose – response pradient and the likely effect of plausible confounders.



SHOW CODES

CLINICAL REFERENCE

Clicking on Show Codes populates a list of applicable ICD-10 codes relative to the subset you select.

odes	
ICD-10	
F01.51, F02.81, F03.91, F04, F05, F06.0, F06.1, F06.2, F06.30, F06.31, F06.32, F06.33, F06.34, F06.4, F06.8, F07.0, F07.81, F07.89, F07.9, F09, F10.10, F10.11, F10.120, F10.121, F10.129, F10.14, F10.150, F10.151, F10.159, F10.180, F10.181, F10.182, F10.188, F10.19, F10.20, F10.21, F10.220, F10.221, F10.230, F10.231, F10.232, F10.239, F10.24, F10.250, F10.51, F10.59, F10.26, F10.27, F10.280, F10.281, F10.282, F10.288, F10.29, F10.920, F10.921, F10.929, F10.94, F10.950, F10.951, F10.959, F10.96, F10.97, F10.980, F10.981, F10.982, F10.988, F10.99, F11.10, F11.11, F11.120, F11.121, F11.122, F11.129, F11.14, F11.150, F11.151, F11.159, F11.181, F11.182, F11.188, F11.19, F11.20, F11.21, F11.220, F11.221, F11.222, F11.229, F11.23, F11.24, F11.250, F11.251, F11.259, F11.281, F11.282, F11.288, F11.29, F11.90, F11.90, F11.921, F11.922, F11.929, F11.93, F11.94, F11.950, F11.951, F11.959, F11.981, F11.982, F11.988, F11.99, F12.10, F12.11, F12.120, F12.121, F12.122, F12.122, F12.129, F12.150, F12.151, F12.159, F12.180, F12.19, F12.20, F12.20, F12.221, F12.222, F12.222, F12.223, F12.250, F12.251, F12.250, F12.280, F12.288, F12.29, F12.90, F12.920, F12.921, F12.922, F12.929, F12.93, F12.950, F12.951, F12.959, F13.10, F13.11, F13.120, F13.121, F13.120, F13.124, F13.150, F13.151, F13.159, F13.180, F13.181, F13.120, F13.221, F13.220, F13.231, F13.232, F13.232, F13.230, F13.231, F13.232, F13.230, F13.221, F13.220, F13.221, F13.220, F13.231, F13.232, F13.230, F13.231, F13.232	2
9 This is a partial list - over 500 codes match your selection.	

SHOW CODES





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InterQual®

2019 BH:Adult and Geriatric Psychiatry

Adult and Geriatric Psychiatry Utilization Benchmarks: Multiple options available, see table below for options

Overview

Select Level of Care Inpatient ⁽¹⁾ Observation ⁽¹⁹¹⁾ Residential Crisis Program ⁽¹⁹⁴⁾ Residential Treatment Center ⁽²¹⁶⁾ Supervised Living ⁽²⁴⁷⁾ Partial Hospital Program ^(254, 253) Day Treatment Program ⁽²⁵⁰⁾ Home Care ⁽³²⁴⁾ Intensive Community-Based Treatment ⁽³³¹⁾ Intensive Outpatient Program ^(233, 342) Outpatient ⁽²⁶⁵⁾ Utilization Benchmarks

Notes

InterQual® criteria (IQ) is confidential and proprietary information and is being provided to you solely as it pertains to the information requested. IQ may contain advanced clinical knowledge which we recommend you discuss with your physician upon disclosure to you. Use permitted by and subject to license with Change Healthcare LLC and/or one of its subsidiaries. IQ reflects clinical interpretations and analyses and cannot alone either (a) resolve medical ambiguities of particular situations; or (b) provide the sole basis for definitive decisions. IQ is intended solely for use as screening guidelines with respect to medical appropriateness of healthcare services. All ultimate care decisions are strictly and solely the obligation and responsibility of your health care provider. © 2019 Change Healthcare LLC and/or one of its subsidiaries. All Rights Reserved.

You have the ability to print and save the full subset of criteria.

At the bottom of your screen you will see the links shown on the left.

These also allow you to bookmark the subset, or, change the subset if needed.

BOOK VIEW 🔊 PRINT FULL SUBSET 🕀

BOOKMARK SUBSET

CHANGE SUBSET

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InterQual® 2019, BH:Adult and Geriatric Psychiatry Adult and Geriatric Psychiatry Criteria are for the review of patients who are ages 18 and older. InterQual® content contains numerous references to gender. Depending on the context, these references may refer to either genotypic or phenotypic gender. At the individual patient level, a variety of factors, including, but not limited to, gender identify and gender reassignment via surgery or hormonal manipulation, may affect the apprication of manipulation and procedures that assume the presence of gender-specific anatomy. With these considerations in mind, all references to gender in InterQual have been reviewed and modified when appropriate. InterQual users should carefully consider issues related to patient genotype and anatomy, especially for transgender individuals, when appropriate. InterQual (references to gender in InterQual have been reviewed and modified when appropriate. InterQual users should carefully consider issues related to patient genotype and anatomy, especially for transgender individuals, when appropriate. Continuous review and critical appraisal of the most current evidence-based literature evidence-based literature end include input from our independent panel of clinical experts. To generate the most appropriate recommendations, a comprehensive literature review of the clinical evidence was conducted. Sources searched individual institute on Drug Abuse, PubMed, Substance Abuse and Methal Health Services Administration and other kyr medicial societies. The Asociation of American Society of Addicion Medicine, Centers for Medicare and Medicard Bervices, Choosing Wisely, Conterna Labuse and Methal Services. Those and blacho Sim. Medicare and Medicard Services, Choosing Wisely, Conterna Labuse and Methal Health Services and adhenity rescalator of Adhibitor Medicine, Centers for Medicare and Medicard Services, Choosing Wisely, Contorne Labuse and Methal Health Services and adhenity rescalator of Adhibitor Medicine, Centers for Medicare and Medica





Chapter

02

"We help people live their lives to the fullest potential."

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Outpatient



Select the appropriate criteria from the drop down menu to proceed.

As shown on the screen, multiple options are available to review.

Make sure to select the appropriate criteria.

OUTPATIENT -	EXPAND ALL COLLAPSE ALL PRINT -
	One: Note X
	Informational Note Introduction The Outpatient criteria are used for a patient who has been admitted or is expected to be admitted to outpatient psychotherapy or medication management. Outpatient services are services provided in an ambulatory care setting such as a clinic or office. Depending on organizational policy, services may also be provided in other settings including, but not limited to, the home, school, or by telehealth. Evaluation and treatment Programming may differ based upon legislative and geographical variances and is subject to organizational policy; however, at a minimum it should include: • Care coordination with other care providers and social services (1, 2)
	 Individual or group or family therapy or medication management less than 2 hours per day 2 times per week or less Medication reconciliation initiated within first visit Psychiatric or medication evaluation as needed Psychosocial assessment within first visit Substance evaluation within first 2 visits Toxicology screen or self-help or 12-step or education group as needed (may be patient or family education group) American Psychiatric Association, Am J Psychiatry 2007, 164(7 Suppl): 5-53

Click on the note to review the informational note for outpatient services.



Use the Expand All feature, to open all of the criteria at the same time.

This will open all the plus signs with associated criteria.

Book View Adult and Geriatric Psychiatry CHANGE SUBSET CLINICAL REFERENCE	
OUTPATIENT - EXPAND ALL COLLAPSE ALL PRINT -	
OUTPATIENT, One: Note	Using the Collapse All option will close all open criteria.



InterQual Transparency Tool Day One

Book View Adult and Geriatric Psychiatry CHANGE SUBSET CLINICAL REFERENCE OUTPATIENT • • • •	
 OUTPATIENT, One: Note Episode Day 1, Both: Episode Day 2-X, One: 	Click on the plus (+) symbol to open the criteria subsets

InterQual Transparency Tool Day One

		You are able to review the criteria for Outpatient	
OUTPATIENT, One: Note		services.	
Episode Day 1, Both:			
Symptom, One:		The plus (+) symbol will show the criteria for	
Functionin	ng or symptom is consistent with active psychiatric diagnosis	autactions admissions by actagory and in	
Functionin	ng or symptom indicates risk of relapse in patient diagnosed with psy	c disorder in partial remission	
Functionin	ng or symptom in remission requiring maintenance therapy	alphabetical order.	
Transportation ava	ilable Note		
Episode Day 2–X, One:	Notes X	≥ One: symbol indicates the member needs	
	Informational Note Available transportation includes either the patient's ability to drive, walk, or access public transportation to come to treatment or the ability of family, friends, or the treatment facility to transport the patient.	to meet one, or more, of those criteria.	



InterQual Transparency Tool Day Two Onward

•	Episod	e Day	y 2-X	X, One:			
		▲	Sym	nptom i	mprove	d and dis	scharge expected today
			Di	scharge	e from ca	ire	
	•	Syn	npto	m impr	oving or	· expect	ed to improve and not clinically stable for discharge, Both:
		-		Finding	within la	ast 5 auti	norized visits, One:
				•	Sympto	om, Both	1:
					•	New p	resentation or increasing or uncontrolled, ≥ One: Note
							Angry outbursts Note
							Anxiety disorder and associated symptom Note
							Compulsions Note
						0	Co-occurring substance use disorder, ≥ One:
							Depressive disorder or major depressive episode and associated symptom
						0	Disruptive or impulse–control or conduct disorder and associated symptom, \geq One:
							Eating disorder and associated symptom Note
							Gender dysphoria and associated symptoms Note
							Hair pulling disorder Note
							Hoarding disorder Note
							Homicidal ideation without plan and intent
							Hyperactivity Note
							Hypomanic symptoms Note
							Kleptomania

For continued outpatient treatment, open the plus sign for Episode Day 2-X.

If they are improved and discharged from treatment you will not need to advance.

If they have ongoing symptoms, continue to advance and review the criteria.

InterQual Transparency Tool Day Two Onward

	Symptom worsening and more intensive level of care indicated, One:
	Selection of this criteria point indicates that the patient's symptom is worsening and may require a more intensive level of care. To determine the most appropriate level of care go to the recommended level of care.
	Acute danger to self or others or gravely disabled and requiring nursing observation and psychiatrist availability 24 hours per day (see Inpatient criteria) Note
	Co-occurring substance use disorder and withdrawal syndrome severe or life threatening (see InterQual [®] Substance Use Disorders Inpatient Detoxification criteria)
G	Exacerbation of severe symptoms and agrees to voluntary admission (see Residential Crisis Program criteria), All:
	Does not require services of an acute inpatient
	Requires 24 hour per day clinical monitoring
	Severe and persistent mental illness or autism spectrum disorder or intellectual disability
C	Eating disorder symptom severe (see Residential Treatment Center criteria), Both:
	Requires intensive structure treatment and medical monitoring to prevent further deterioration in condition
	Treatment not expected to be successful in less intensive level of care
C	Patient with severe and persistent mental illness or autism spectrum disorder or intellectual disability and lack of support, One:
C	Patient requires structured program and skilled clinical assessment at least 5 days per week (see Partial Hospital Program criteria), All:
	High risk of rehospitalization
	Support able to provide monitoring or assistance during non-program hours
	Symptoms severe Note

If the member's symptoms continue to worsen, they may require a more intensive level of care.

Review the criteria for the next steps of intensive treatment options.

InterQual Transparency Tool Children and Adolescents

Select Subset Refine search with Product, Version, Category, Keywords or Medical Cod	Criteria a children	Criteria and subsets for outpatient are available for children and adolescents as well.		
BH:CHILD AND ADOLESCENT PSYCHIATRY - 2019 - SELECT CATEGORY -	Please r	note the informational	notes for children	
BH:Adult and Geriatric Psychiatry BH:Child and Adolescent Psychiatry ✓ BH:Procedures Q & A				
Medicare Procedures		Product	Version 👻	
Child and Adolescent Psychiatry		BH:Child and Adolescent Psychiatry	InterQual 2019	*
InterQual® 2019, BH:Child and Adolescent Psychiatry Child and Adolescent Psychiatry			SHOW CODES CLINICAL RE	EFERENCE
Informational Notes The Child and Adolescent Psychiatry criteria are for the review of patients who are ages 4 thru 17, unless otherwise	specified within a specific level of care.			
InterQual [®] content contains numerous references to gender. Depending on the context, these references may refer or hormonal manipulation, may affect the applicability of some InterQual criteria. This is most often the case with ger reviewed and modified when appropriate. InterQual users should carefully consider issues related to patient genotyp	to either genotypic or phenotypic gender. A netic testing and procedures that assume th be and anatomy, especially for transgender	t the individual patient level, a variety of factors, including he presence of gender-specific anatomy. With these cons individuals, when appropriate.	, but not limited to, gender identity and gender reassignment v iderations in mind, all references to gender in InterQual have b	<i>r</i> ia surgery been
InterQual [®] criteria are derived from the systematic, continuous review and critical appraisal of the most current evide review of the clinical evidence was conducted. Sources searched included the Agency for Healthcare Research and Association, American Society of Addiction Medicine, Centers for Medicare and Medicaid Services, Choosing Wisely Substance Abuse and Mental Health Services Administration, and other key medical societies. The Association of A	ance-based literature and include input fror Quality (AHRQ) Effective Health Care Pro y, Cochrane Library, National Institute of Al mbulatory Behavioral Healthcare. Commis	n our independent panel of clinical experts. To generate t gram, American Psychiatric Association, American Acade cohol Abuse and Alcoholism, National Institute for Health sion on Accreditation of Rehabilitation Facilities, and the	ne most appropriate recommendations, a comprehensive litera my of Child and Adolescent Psychiatry, American Psychologic and Care Excellence, National Institute on Drug Abuse, PubM oint Commission were also searched. Other medical literature	ature tal led, e





InterQual Transparency Tool Children and Adolescents

Book View Child and Adolescent Psychiatry CHANGE SUBSET CLINICAL REFERENCE OUTPATIENT EXPAND ALL COLLAPSE ALL PRINT OUTPATIENT, One: Note	
 Episode Day 1, Both: Episode Day 2–X, One: 	Navigating the criteria for Children and Adolescents is the same as Adults and Geriatrics.



Book View Child and Adolescent Psychiatry CHANGE SUBSET CLINICAL REFERENCE				
OUTPATIENT - EXPAND ALL COLLAPSE ALL PRINT -				
OUTPATIENT, One: Note				
Episode Day 1, Both:				
Symptom, One:				
Transportation available Note				
Episode Day 2–X, One:				
Symptom improved and discharge expected today				
Discharge from care				
Symptom improving or expected to improve and not clinically stable for discharge, Both:				
Symptom worsening and more intensive level of care indicated, One:				
Selection of this criteria point indicates that the patient's symptom is worsening and may require a more intensive level of care. To determine the most appropriate level of care go to the recommended level of care.				

Clicking on Change Subset will Re-set your selections while remaining within the original subset selected.

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Chapter

03

"We help people live their lives to the fullest potential."

Our Commitment

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Inpatient



Select the appropriate criteria from the drop down menu to proceed.

As shown on the screen, multiple options are available to review.

Make sure to select the appropriate criteria.



InterQual Transparency Tool Day One

Click on the plus (+) symbol to open the criteria subsets

InterQual Transparency Tool Day One

INPATIENT. One: Note	
C Episode Day 1, ≥ One:	You are able to review the criteria for Inpatient
Assaultive within last 24 hours and high risk of re–occurrence, ≥ One: Note	services.
Catatonia Note	
Command hallucinations with direction to harm self or others within last 24 hours Note	The plus (+) symbol will show the criteria for
Destruction of property within last 24 hours and poor impulse control Note	Inpatient admissions by category and in
Disorganized behavior and history of bipolar disorder with rapid onset of symptoms Note	Alphabetical order.
Eating disorder symptom unstable, ≥ One: Note	
Fire setting within last 24 hours with risk of harm to self or others, ≥ One: Note	Symbol indicates the member needs
Homicide, ≥ One:	to meet one, or more, of those criteria.
Mania, ≥ One: Note	
Nonsuicidal self-injury within last 6 hours and continued danger to self, Both: Note	
Increased frequency or intensity over last 24 hours Note	
Professional medical attention required Note	
Positive psychotic symptoms and risk of harm to self or others, ≥ One: Note	

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Assaultive within last 24 hours and high risk of re-occurrence, ≥ One:

Note

Access to firearms or weapons

Current interpersonal stressor	Note
--------------------------------	------

Poor impulse control	Note
----------------------	------

Positive psychotic symptoms Note

Psychomotor agitation Note

Support system unavailable Note

Violation of protection or restraining order

Use the tool to assess the members current clinical information.

Click on the note for additional details or clarification.



	Note	is 🗶
	Infor Assa indiv inclu abus	mational Note ultive behavior is an attack on another dual that may result in bodily harm and also des acts of physical, sexual, and domestic e.
0	Assaultive within last 24 hours and high risk of re−occurrence, ≥ One:	Note
	Access to firearms or weapons	
	Current interpersonal stressor Note	Informational notes are listed throughout
	Poor impulse control Note	the InterQual criteria.
	Positive psychotic symptoms Note	These provide valuable information and
	Psychomotor agitation Note	clarifying details.
	Support system unavailable Note	
	Violation of protection or restraining order	

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In addition to the informational notes, care management notes, are also available. You will see them highlighted in turquoise. Click on the note for the details.

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INPATIENT -	EXPAND ALL COLLAPSE ALL PRINT - BENCHMARKS	Use Expand All to open all of the criteria for the category you selected
		entena fer the eategory yea eelected.
Eating disorder	symptom unstable, ≥ One: Note	
Unstab	le medical or acute refeeding complication of eating disorder, ≥ One:	
	Blood glucose less than 60 mg/dL Note	
0	Blood pressure, ≥ One:	
	Diastolic blood pressure less than 60 mmHg Note	
	Systolic blood pressure less than 90 mmHg Note	
	Co-occurring medical condition and unstable lab values requiring daily monitoring Note	
0	Dehydration, ≥ One: Note	
	BUN 25-45 mg/dL(8.9-16.1 mmol/L)	
	Creatinine 1.5-3.0 mg/dL(132.6-265.2 µmol/L)	
	Heart rate, sustained greater than 100 per minute Note	
	Mental status change, ≥ One:	
	Confusion	
	Delirium	

InterQual Transparency Tool Continued Stay



If the member is responding to treatment and clinically stable for discharge, go to the recommended level of care.



INPATIENT, One: Note	
Episode Day 1, ≥ One:	
Episode Day 2–13 One:	
Symptom improved and discharge expected today, one.	
Selection of this criteria point indicates that the patient is responding to treatment an clinically stable for discharge to an alternate level of care. To determine the most ap level of care go to the recommended level of care.	nd is opropriate
Symptom improving or expected to improve and not clinically stable for discharge, Bot	th:
Finding present within last 24 hours, ≥ One:	
Intervention within last 24 hours, ≥ One:	
Symptom improving or expected to improve and not clinically stable for discharge, Both:	
Finding present within last 24 hours, ≥ One:	
Acute onset of disorientation Note	
Catatonia Note	
Command hallucinations to harm self or others Note	
Cehydration, ≥ One: Note	
Destruction of property Note	
Eating disorder symptom or treatment complication, ≥ One: Note	
Fire set on unit or attempted within last 48 hours	
Homicide, ≥ One:	
Manic or hypomanic symptoms uncontrolled Note	
Onsuicidal self-injury, ≥ One: Note	
Observed panic attacks prevent participation in daily program activities	
Obsessive or compulsive behavior interferes with participation in daily program	
Paranoia extreme, ≥ One: Note	
Perpetrator of sexual assault or rape within last 48 hours	
Persecutory delusions directed at specific individual or group Note	
Physically assaultive or threatening Note	
Positive acute psychotic symptom uncontrolled Note	
Posttraumatic stress disorder and associated symptoms interferes with participation in daily program Note	
Psychomotor agitation requiring staff de-escalation Note	
Severe psychiatric medication reaction, ≥ One: Note	

If the member has improving symptoms, but not stable for discharge, open the finding or interventions and review the criteria.

Use the same process for episodes day 14 and beyond.



INPATIENT - EXPAND ALL COLLAPSE ALL PRINT - BENCHMARKS	Clicking on Collapse All will collapse all of the
INPATIENT, One: Note	criteria.
	This can be helpful if you have opened all of the criteria, and need to start over.

Book View Adult and Geriatric Psychiatry INPATIENT EXPAND ALL COLLAPSE A	CHANGE SUBSET CLINICAL REFERENCE LL PRINT - BENCHMARKS InterQual of	Benchmarks will show the length of stay, based on the member's presenting condition, using the InterQual criteria.			
 INPATIENT, One: Note Episode Day 1, ≥ One: Episode Day 2-13, One: Episode Day 14-X Extend Utility 					
				^	
Conc	dition or Procedure 🔺	LOS (days)	Туре		
4	ACUTE STRESS REACTION	3	InterQual	A	
4	ADJUSTMENT DISORDER	3	InterQual		
4	ANOREXIA NERVOSA, (Adult)	9	InterQual		
E	BIPOLAR DISORDER, MILD & MODERATE	5	InterQual		
E	BIPOLAR DISORDER, SEVERE, WITH PSYCHOTIC FEATURES	7	InterQual		
E	BIPOLAR DISORDER, SEVERE, WITHOUT PSYCHOTIC FEATURES	6	InterQual		
E	BRIEF PSYCHOTIC DISORDER	6	InterQual		
E	BULIMIA NERVOSA	10	InterQual	•	
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Chapter

04

"We help people live their lives to the fullest potential."

Our Commitment

Additional Procedures



Select Subset Refine search with Product, Version, Category, Keywords or Medical Codes					
BH:PROCEDURES Q & A - 2019 - SELECT CATEGORY - CLINICAL REFERENCE					
BH:Adult and Geriatric Psychiatry BH:Child and Adolescent Psychiatry BH:Procedures Q & A ✓					
Medicare Procedures	Product	Version 👻			
Applied Behavior Analysis (ABA) for Autism Spectrum Disorder	BH:Procedures Q & A	InterQual 2019			
Electroconvulsive Therapy (ECT)	BH:Procedures Q & A	InterQual 2019			
Multi-Gene Panels for Autism Spectrum Disorder (ASD)	BH:Procedures Q & A	InterQual 2019			
Neuropsychological and Developmental Testing	BH:Procedures Q & A	InterQual 2019			
Pharmacogenomic Testing for Psychotropic Medication Drug Response	BH:Procedures Q & A	InterQual 2019			
Psychological Testing	BH:Procedures Q & A	InterQual 2019			
Stereotactic Introduction, Subcortical Electrodes	BH:Procedures Q & A	InterQual 2019			
Transcranial Magnetic Stimulation (TMS)	BH:Procedures Q & A	InterQual 2019			
Urine Drug Testing	BH:Procedures Q & A	InterQual 2019			
Vagus Nerve Stimulation	BH:Procedures Q & A	InterQual 2019			

Additional procedures can be found under Procedures Q & A.



Select Subset Refine search with Product, Version, Category, Keywords or Medical Codes

BH:PROCEDURES Q & A	20)19 👻	SELECT C	ATEGORY	•	CLINICA	L REFEREN	CE
Enter Keywords	Enter	r Medical	Codes	FIND S	UBSETS	CL	EAR ALL	BOOKMARKS

Subset Notes

InterQual® 2019, BH:Procedures Q & A Psychological Testing
I/O Setting: Outpatient
InterQual® defines psychological testing as the administration, scoring, interpretation, and reporting over billed separately from diagnosis and treatment of behavioral health disorders when the time spent on test administration, scoring, interpretation, and reporting would be authorized or billed separately from diagnostic interviews or psychotherapy sessions. Examples of tests that are typically billed as psychological testing services include the Minnesota Multiphasic Personality Inventory® (MMPI®), Millon® inventories, Personality Assessment Inventory TM, Personality Inventory for Children M, Rorschach Inkblot Method, and projective drawings. This subset is not intended to be used for the following:
 Tests not intended to assess mental or behavioral disorders. Examples include non-clinical instruments that target personality styles, relationship factors, or occupational interests. Neuropsychological testing for medical conditions such as traumatic brain injury, anoxic or substance-related brain damage, epilepsy, or brain tumor; and neuropsychological testing for language or autism spectrum disorders. (See the Neuropsychological Testing subset in this product.) Structured and semi-structured interviews, or hybric har considered to be part of diagnostic interviews on sychotherapy sessions, not be sychological tests. Individual screening or diagnostic tools that require less than 30 minutes of clinical interview, or self-administered outside the session, should be considered to be authorized esparately as psychological testing. If provider is planning to administer multiple brei instruments and requests that the combination be authorized as part of the clinical interview or self-administered outside the session, should be considered part of the clinical interview and should not be eathorized testing. If the provider is planning to administer multiple brei instruments and requests that the combination be authorized as psychological testing, and thus intended to be addressed by this subset, or fall into one of the categories not addressed.
The use of lengthy psychological tests is not indicated for routine screening or assessment of behavioral health disorders. Research also does not support the use of these tests as a primary method of establishing or ruling out DSM- or ICD-based psychiatric diagnoses, or for general treatment planning purposes. (1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 15)
The use of structured interviews usually prevents the need for lengthy psychological tests because these tools have demonstrated good utility for determining primary and comorbid diagnoses. (6, 10, 11, 16, 17, 18, 19, 20, 21, 22, 23) Obtaining collaborative information from family members, and possibly from teachers, employers, first responders, or others involved in the patient's life, is also recommended before ordering a lengthy psychological test because such information can validate the patient's self-reported symptoms and to provide a more thorough history. (1, 5, 10, 11, 12, 24, 25, 26, 27, 28, 29) Rating scales and inventories often render the need for a lengthy psychological test unnecessary because such scales can be useful for quantifying symptoms, assessing the degree of impairment, and measuring patient progress. (1, 6, 7, 11, 13, 25, 30, 31, 32, 33, 34, 35, 36) Direct observation may also be useful in some cases. (4, 32) Because the aforementioned assessment tools are targeted and efficient, and measuring the empty psychological tests are empirically souported and psychometrically sound, lengthy psychological tests are pyically on the casessary to lucidate symptoms. If a lengthy psychological test is proposed as an adjunct to structured interviews and brief instruments, the incremental validity of the additional information provided by the test must be weighed against the time and cost of testing. (26, 37, 38, 39, 40, 41) In most situations, the additional expense of the psychological testing is unlikely to be justified. (42)
The body of research on most lengthy psychological tests is inadequate for establishing clinical utility. There are almost no randomized controlled trials comparing clinically relevant outcomes with the use of a lengthy test to those with the use of less-intensive assessment methods; a rare exception found no utility for the routine application of the Minnesota Multiphasic Personality Inventory-2® (MMPI-2®) prior to outpatient psychotherapy. (43)
Most studies are of cross-sectional design, and use surrogate outcomes such as convergence with clinical judgment or other scales (the "reference standard") rather than directly measuring patient-oriented outcomes. (44, 45, 46, 47, 48, 49, 50, 51, 52, 53, 54) In many of these studies, the reference standard used was less time- consuming and expensive than the test being evaluated. In this situation, even if the lengthy test demonstrates 100% convergent validity, it would nonetheless be less cost-effective than simply administering the reference standard itself.
Historical factors are also frequently used as surrogate outcomes in cross-sectional studies. (47, 48, 53, 54, 55, 56, 57, 58, 59, 60) Article titles may report that a psychological test can "predict" suicide attempt or drug use, though the study has actually only demonstrated that it can predict whether a history of such events will be found. Because this kind of history can usually be obtained from more direct and reliable sources, the value of psychological testing for assessing the likelihood of past events is not clear. A more appropriate study design would be a longitudinal, to determine if the test can predict future self-harm, substance abuse, or other patient-oriented outcomes.
Prospective and retrospective studies are sometimes used to create a new scale for the purpose of predicting a specific future outcome. Researchers use data from the original cohort to design the new scale in a way that optimizes its sensitivity, specificity, and predictive values. However, for many of these scales, there has been no attempt to validate it with an independent sample. Likewise, promising associations found in cross-sectional studies are often not replicated by other researchers.
Research designs of all types tend to use inadequate comparators or no comparator at all, and so are unable to determine whether the lengthy test being studied is superior to the use of rating scales, structured interviews, or other assessment alternatives. When associations are found between test results and clinically relevant outcomes, the results are often reported as correlation coefficients, mean differences, or odds ratios. (46, 49, 55, 59, 60, 61, 52, 59, 60, 61, 52, 59, 60, 61, 52, 59, 60, 61, 52, 59, 60, 61, 52, 59, 60, 61, 52, 59, 60, 61, 52, 59, 60, 50, 67, 72, 73, 74, 75, 76, 77) A key practice guideline indicates that if the purpose of psychological testing is differential diagnosis; the clinician should use tests for which there is evidence that test scores differentiate between diagnostic groups, and that standard mean differences in sufficient by themselves to establish the test's accuracy for differential diagnosis. (38) Without the display of a ROC curve or reporting sensitivity and specificity at specified cut-off values, it may be impossible to determine how often the test will produce false positives or false negatives, a key consideration when deciding whether to use a test.
A final concern with the research on psychological tests is the indiscriminate use of college undergraduate samples in many studies—a very narrow slice of the general population constrained by age, socioeconomic class, intelligence, and achievement—and questions about whether those studies' findings can be generalized to others. The
BOOK VIEW FULL SUBSET SMARTSHEETS BOOKMARK SUBSET CHANGE SUBSET

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If Psychological Testing in required, review the subset notes before proceeding to Book View.

Book View Psychological Testing CLANGE SUBSET SUBSET CLANGE SUBSET CLANGE SUBSET SUBSET CLANGE SUBSET SUBSET CLANGE SUBSET SUBSE		_	
Cirical interview has been performed Case-specific question has been performed Provider confirms that patient has the cognitive and language skills required for the proposed test Provider confirms that patient has the cognitive and language skills required for the proposed test Provider confirms that any existing medical condition, substance use, psycholic features, or recent trauma do not contraindicate testing to a medical condition, substance use, psycholic features, or recent trauma do not contraindicate testing to a medical condition, substance use, psycholic features, or recent trauma do not contraindicate testing to a medical condition, substance use, psycholic features, or recent trauma do not contraindicate testing to a medical condition of the proposed test to a medical condition of the proposed test to a medical or surgical intervention testing. None of the above Reason for testing, Choose all that apply: [2 One, except Other clinical information (add comment]] Psychiatric disorder evident but uncertainty about differential diagnosis to a medical or surgical intervention to the psychological treatment to a medical or surgical intervention to the psychological treatment to a medical or correctional purposes to the composes to the composes to a medical or correctional purposes to the composes to the compose to the comp	Book View Psychological Testing CHANGE SUBSET CLINICAL REFERENCE Choose all that apply: [2 Six, except None of the above]		Choose a none of the
Reason for testing, Choose all that apply: [2 One, except Other clinical information (add comment)]	 Psychological testing requested and testing plan in place Clinical interview has been performed Case-specific question has been formulated Note Provider has documented what action will be taken or how treatment plan will be affected by test results Note Provider confirms that patient has the cognitive and language skills required for the proposed test Provider confirms that any existing medical condition, substance use, psychotic features, or recent trauma do not contraindicate testing Note Or None of the above 		
	Reason for testing, Choose all that apply: [2 One, except Other clinical information (add comment)] Psychiatric disorder evident but uncertainty about differential diagnosis Lack of expected progress in evidence-based psychiatric or psychological treatment Lack of expected psychogenic etiology Note Seizures with suspected psychogenic etiology Note Behavioral prediction for judicial or correctional purposes Note Detection of malingering for disability adjudication or forensic purposes Note Or Other clinical information (add comment)		Select the choose a
	NEXT O		Click nex

Choose all that apply or select none of the above.

Select the reason for testing choose all that apply.

Click next to continue

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Choose all that apply: [2 Four, except Other clinical information (add comment)]
At least 1 validated symptom inventory or rating scale administered to patient or caregiver
Patient psychiatric and medical history obtained Note
Functional impairment OR report of internal distress Note
Family psychiatric and medical history explored Note
Or
Other clinical information (add comment)
Provider sought information from current or former behavioral health evaluation or testing or treatment providers, Choose one: O Note
Reviewed records of previous treatment or psychological testing OR consulted with previous or current service provider Note
Provider unable to obtain this information despite at least 2 attempts Note
No other psychiatric or substance use services provided to patient within last 2 years
Other clinical information (add comment)
Choose one: O
Age ≥ 18
✓ Age ≥ 13 and < 18
Age < 13
Structured or semi-structured interview performed, Choose all that apply: [2 One, except Other clinical information (add comment)]
Mini-International Neuropsychiatric Interview for Children and Adolescents (MINI-KID)
Anxiety Disorders Interview Schedule for Children (ADIS) Child and Parent Interview Schedules
Kiddie Schedule for Affective Disorders and Schizophrenia (K-SADS)
Children's Interview for Psychiatric Syndromes (ChIPS) Child and Parent (P-ChIPS) Versions
Diagnostic Interview Schedule for Children (DISC)

Continue to select the choices that apply to the condition the member is presenting with.

Select the appropriate age range.

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	Interviewed at least 1 parent or guardian Note							
	Ves No							
	Behavioral disturbance suspected or confirmed O Note							
	Ves No							
Assessment performed, Choose all that apply: [> One, except Other clinical information (add comment)] Validated rating scale completed by teacher(s) Note Consultation with school personnel or other important persons in patient's life								
				Direct observation of parent-child interactions or child in natural settings Note				
					Or			
	Other clinical information (add comment)							
All assessment activities have failed to answer the case-specific question								
	Ves No							
	O PREVIOUS VIEW RECOMMENDATIONS							

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Confirm if the parent or guardian has been interviewed, and if any behavioral related disturbances have been suspected or confirmed.

After completing the review of criteria, click on View Recommendations.

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Chapter

05

"We help people live their lives to the fullest potential."

Our Commitment

Important Information



System Requirements

Can I use a modem, or dial-up connection to access InterQual? No, you cannot access InterQual using a dial-up connection.

Can I use the Safari browser to login to InterQual?

No, you **cannot** use the Safari browser to login to InterQual. The Safari browser is the native browser on iPhones, iPads, and other Apple products. Please use one of the following recommended browsers

Internet Explorer 11 Google Chrome Mozilla Firefox

Can I use my Beacon ProviderConnect or eServices credentials to login to InterQual?

No. You must register with InterQual through the Beacon website and use your InterQual credentials to login.



System Requirements

Can I submit authorization requests through InterQual? No. The Beacon authorization process remains the same.

After 15 minutes of inactivity, the session will time out

- You will need to log back into the session
- If you have timed out, the session will not save the information
- If a denial is issued, the rationale will be shared in the denial letter. Denials are based on a medical necessity review by a Physician and not solely on InterQual criteria.



Provider Resources

- Providers can access reference materials and tools on the Beacon health Options website: <u>https://www.beaconhealthoptions.com/providers/beacon/</u>
- Available resources include:
 - Provider Manuals
 - Clinical Guidelines
 - Provider Alerts
 - Provider Training
 - Resource guides for claims, authorizations, EFT, and how to contact us



Contact Information

	Beacon Health Strategies	Beacon Health Options	
Website and EDI	EDI Helpdesk Monday through Friday, 8 a.m6 p.m. ET Phone: 888-247-9311		
PaySpan	Payspan Registration Provider Support Monday through Friday, 8 a.m. – 8 p.m. ET Phone: 877-331-7154 providersupport@payspanhealth.com	Unable to locate your registration code? Email: <u>corporatefinance@beaconhealthoptions.com</u> Reply will be received within three business days	
Credentialing and Contracting	National Provider Services Line Monday through Friday, 8 a.m8 p.m. ET Phone: 800-397-1630 <u>Regional Provider Relations Team</u>		





Questions?