Peer Recovery Coach (Peer RC)

### **MBHP Substance Use Disorder Covered Services**

(Available to all Members as medically necessary)

Outpatient Mental Health and Substance Use Disorder

Medication-Assisted Treatment (MAT)/Opioid Treatment
Program (OTP)/Office-Based Addiction Treatment
Program (OBAT)

Outpatient Withdrawal Management

**Acupuncture Withdrawal Management** 

Structured Outpatient Addiction Program (SOAP)
ASAM Level 2.1

Enhanced Structured Outpatient Addiction Program (Enhanced SOAP)

Residential Rehabilitation Services (RRS) ASAM Level 3.1

Clinical Stabilization Services (CSS) ASAM Level 3.5

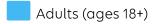
Acute Treatment Services (ATS) ASAM Level 3.7

Individualized Treatment and Stabilization Services (ITSS)

Enhanced Acute Treatment Services (E-ATS) for Members with Co-Occurring Addiction and Mental Health Disorders ASAM Level 3.7

Youth and Transition-Age Youth Detoxification and Stabilization Services (YSS)

Hospital-Based Acute Treatment Services (HBATS)
ASAM Level 4





All ages



Adolescent and Transition-Age Youth (up through age 20)

Community Support Program (CSP)

Mobile Crisis Intervention (MCI)

Please refer to the MBHP website for more information: <a href="http://providers.masspartnership.com/">http://providers.masspartnership.com/</a>



#### MBHP Substance Use Disorder Covered Services Definitions

Access to all services is by direct referral, and individuals do not need to be evaluated by MCI.

## Outpatient Mental Health and Substance Use Disorder Services

 One-to-one or group counseling to assist individuals in attaining or supporting their recovery in the community.

#### Medication-Assisted Treatment (MAT)/Opioid Treatment Program (OTP)/Office-Based Addiction Treatment Program (OBAT)

 Medically monitored administration of methadone, buprenorphine, naltrexone, or other US FDA-approved medications to treat substance use disorder.

#### **Outpatient Withdrawal Management**

 Community-based withdrawal management for people stable enough to remain in the community.

#### **Acupuncture Withdrawal Management**

 An outpatient service that uses acupuncture to manage symptoms related to withdrawal.

## Structured Outpatient Addiction Program (SOAP) ASAM Level 2.1

 SOAPs are clinically intensive, structured, day and/or evening substance use disorder services, providing additional support and education to support individuals in their recovery.

## Enhanced Structured Outpatient Addiction Program (Enhanced SOAP)

 A SOAP program for Adolescents, Members experiencing homelessness, or pregnant and postpartum Members.

## Residential Rehabilitation Services (RRS) ASAM Level 3.1

 A 24-hour voluntary service for individuals who require a structured and comprehensive rehabilitative environment to support their independence and recovery.

#### Peer Recovery Coach (Peer RC)

 A mobile service provided by people with lived experience to support recovery.

#### **Recovery Support Navigator (RSN)**

 A mobile service to assist in accessing care and identifying community resources to support recovery.
 Members have a primary substance use disorder diagnosis and/or co-occurring mental health disorder.

#### Clinical Stabilization Services (CSS) ASAM Level 3.5

 A 24-hour service for individuals with substance use disorders requiring additional support as they transition from an acute treatment service into the community; May include Section 35 court-ordered treatment.

#### Acute Treatment Services (ATS) ASAM Level 3.7

 Withdrawal management program for individuals who require medical monitoring to safely cease substance use; May include Section 35 court-ordered treatment.

## Individualized Treatment and Stabilization Services (ITSS)

 Section 35 court-ordered withdrawal management and stabilization program for adults who require a locked setting.

# Enhanced Acute Treatment Services (E-ATS) for Individuals with Co-Occurring Addiction and Mental Health Disorder ASAM Level 3.7

 For individuals requiring substance use disorder services, up to and including withdrawal management, who are also experiencing acute mental health needs that do not require a locked setting.

## Youth and Transition-Age Youth Detoxification and Stabilization Services

 Withdrawal management and stabilization program for youth (12-17 years of age) and transition-age youth (16 through 20 years of age) who require medical monitoring to safely cease substance use; May include Section 35 court-ordered treatment.

## Hospital-Based Acute Treatment Services (HBATS) ASAM Level 4

• For individuals with medical complications that cannot be safely managed at an ATS Level 3.7 program.

#### Mobile Crisis Intervention (MCI)

- A 24-hour service for any individual experiencing a behavioral health crisis; Medical emergencies should still call 911.
- Access to Service: Any individual or agency (e.g., MBHP Member, provider, state agency, etc.) may contact or may refer someone to MCI for evaluation.

#### **Community Support Program (CSP)**

 A mobile service to assist in accessing care and identifying community resources to support recovery.
 Members have a primary mental health disorder diagnosis and/or co-occurring substance use disorder.