

A Strengths-Based Approach to Gender Identity • May 24, 2017 • MBHP  
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### **Resources for LGBTQ People and Their Allies in Massachusetts**

Local and regional supports as well as books, articles, links, for youth, adults, families and professionals. <http://tinyurl.com/LGBTQresourcesMA>

*This is a continually growing list of resources shared at trainings, compiled and organized by MaeBright Group, LLC - [www.maebright.com](http://www.maebright.com). If you would like to see something added or updated, please include a comment or contact [missy@maebright.com](mailto:missy@maebright.com). This list was compiled with the help of Jeff Brody, LMHC, ATR-BC, Melissa MacNish, LMHC, and other facilitators.*

### **Guidelines for Care**

*Standards of Care (SOC) for the Health of Transsexual, Transgender, and Gender Nonconforming People, Version 7.* World Professional Association for Transgender Health [www.WPATH.org](http://www.WPATH.org)

*Guidelines for the Primary and Gender-Affirming Care of Transgender and Gender Nonbinary People.* Center of Excellence for Transgender Health, University of California, San Francisco  
[www.transhealth.ucsf.edu/guidelines](http://www.transhealth.ucsf.edu/guidelines)

### **Neurodiversity and Gender Identity**

Lydia Brown. "Gendervague: At the Intersection of Autistic and Trans Experiences," on the National LGBTQ Task Force blog. <https://goo.gl/i1Zer7>

Dr. Aron Janssen, Ackerman Institute NYC. (podcast) 28 mins <http://ackerman.podbean.com/e/theackerman-podcast-22-gender-dysphoria-autism-with-aronjanssen-md/>

Glidden, D. et al. (2014) Gender Dysphoria and Autism Spectrum Disorder: A Systematic Review of the Literature. *Sexual Medicine Reviews*, 4:1, 3–14.

### **Minority Stress and Gender Identity**

Hendricks, M. and Testa, R. (2012). A conceptual framework for clinical work with transgender and gender nonconforming clients: An adaptation of the Minority Stress Model. *Professional Psychology: Research and Practice*, 43(5), 460-467.

### **Adverse Childhood Experiences (ACEs)**

<https://www.cdc.gov/violenceprevention/acestudy/index.html>

TED talk: [Nadine Burke](#) on the ACES study