

MCE Use of Interns for All CBHI Services

Revised October 2024

For credentialing criteria, please refer to each service's Performance Specifications.

1. In-Home Behavioral Services (IHBS)

Behavior Management Therapist

If an individual is working towards their master's degree (i.e., are in their second year* of a master's program that meets the credentialing criteria included in the IHBS performance specifications but has not yet obtained degree) AND is working in an intern capacity under the supervision of an independently licensed clinician, they can bill at the Behavior Management Therapist and/or Behavior Management Monitor rate¹. There is no reimbursement structure in place for billing by those in their first year of a master's program.

Behavior Management Monitor

If an individual is working towards their bachelor's degree or associate's degree (i.e., are in a bachelor's or associate's program for a degree that meets the credentialing criteria included in the IHBS performance specification but has not yet obtained degree) AND is working in an intern capacity under the supervision of an independently licensed clinician, a waiver request must be submitted by the organization to the CBHIWaiverRequests@carelon.com mailbox.

2. In-Home Therapy (IHT)

Master's-Level Therapist

If an individual is working toward their master's degree (i.e., are in their second year* of a master's program for a degree that meets the credentialing criteria included in the IHT performance specifications but has not yet obtained degree) AND is working in an intern capacity under the supervision of an independently licensed clinician, they can bill at the Master's-Level Clinician and/or the Therapeutic Training and Support rate.

There is no reimbursement structure in place for billing by those in their first year of a master's program.

Therapeutic Training and Support

If an individual is working towards their bachelor's or associate's degree (i.e., are in a bachelor's program or associate's program for a degree that meets the credentialing criteria included in the IHT performance specifications, but has not yet obtained degree) AND is working in an intern capacity under the supervision of an independently licensed clinician, a waiver request must be submitted by the organization to the CBHIWaiverRequests@carelon.com mailbox.

3. Therapeutic Mentoring (TM)

There is no capability for billing, other than by individuals who meet the credentialing criteria per the TM performance specifications. A waiver request can be submitted for consideration by an organization if a candidate does not meet the educational requirement but has relevant work experience. The waiver request should be submitted to the CBHIWaiverRequests@carelon.com mailbox.

*For non-two-year programs please check with the MCEs to see if the candidate is eligible for a CBHI internship.

¹ For additional information regarding Psychology Interns, Social Work Interns, Mental Health Counselor Interns, and Marriage and Family Therapist Interns, please refer to each MCE's credentialing criteria.

4. **Intensive Care Coordination (ICC)**

Intensive Care Coordinator

If an individual is working towards his/her master's degree (i.e., has a bachelor's degree, is in their second year* of a master's program for a degree that meets the credentialing criteria included in the ICC performance specifications, but has not yet obtained the master's degree) AND is working in an intern capacity under the supervision of an independently licensed clinician, they can bill at the master's-level rate. An individual in the situation described above in their first year of the master's program can bill at the bachelor's-level rate.

A waiver request can be submitted for consideration by an organization if a candidate does not meet the educational requirement but has relevant work experience. The waiver request should be submitted to the CBHIWaiverRequests@carelon.com mailbox.

5. **Family Support and Training (FS&T)**

A waiver request can be submitted for consideration by an organization if a candidate does not meet the educational requirement but has relevant work experience. The waiver request should be submitted to the CBHIWaiverRequests@carelon.com mailbox.

For additional information regarding the waiver process, please see the waiver request form.

*For non-two-year programs please check with the MCEs to see if the candidate is eligible for a CBHI internship.