

Other MCPAP Services



MCPAP for Moms

A separate consultation program, *MCPAP for Moms* provides obstetricians, midwives, psychiatrists, and PCPs treating pregnant and postpartum mothers with psychiatric consultation for behavioral health concerns and questions around medications when pregnant or breastfeeding. *MCPAP for Moms* also supports connections with community-based services and support groups. Pediatricians can contact *MCPAP for Moms* directly as well.



MCPAP
Massachusetts Child Psychiatry Access Program
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Connecting Primary Care
with Child Psychiatry

MCPAP
Massachusetts Child Psychiatry Access Program



BROCHURE FOR PROVIDERS

We help primary care
providers meet the needs
of children with behavioral
health concerns.

www.mcpap.org

About MCPAP

The Massachusetts Child Psychiatry Access Program (MCPAP) is designed to help primary care teams promote and manage the behavioral health of their pediatric patients as a fundamental component of overall health and wellness. MCPAP supports the integration of behavioral and physical health. Our teams are available to consult with behavioral health clinicians working in the primary care setting as well as the primary care provider.

The goal of MCPAP is to increase access to behavioral health treatment by making child psychiatry services – a scarce resource – available to PCPs across the Commonwealth. Through consultation and education MCPAP improves the pediatric team's competencies and comfort with:

- screening, identification and assessment;
- treating mild to moderate cases of behavioral health disorders according to current evidence-based practices
- helping to make effective referrals for patients who need community-based specialty services

MCPAP is available through primary care practices for all children and families, regardless of insurance. MCPAP services are provided free, funded primarily by the Massachusetts Department of Mental Health and in part by major commercial insurances in Massachusetts. MCPAP is not meant to replace necessary emergency services.

MCPAP Services

Pediatric and family practices enroll with one of MCPAP's Regional Teams that cover the state by region. Each team builds close working relationships with the practices in its region. Teams are staffed with child and adolescent psychiatrists, independently licensed behavioral health clinicians, resource and referral specialists, and program coordinators.

MCPAP services begin with a request for telephone consultation. Calls are answered by the team's program coordinator and triaged to a child and adolescent psychiatrist or behavioral health clinician depending on the nature of the call. MCPAP team members respond to a request for telephone consultation within 30 minutes, or often immediately.

Telephone consultations result in several potential outcomes:

- an answer to the question;
- a face-to-face consultation with a team behavioral health clinician or child psychiatrist
- recommendation for the family to access local behavioral health services with support from either the practice's care coordinator or behavioral health clinician or the MCPAP team's resource and referral specialist

All face-to-face assessments result in written recommendations that are sent to the primary care provider within two business days via the health information exchange, fax or email according to preference.

Education & Practice Consultation Services

Over time, PCPs increase their knowledge from the telephone consultations around specific patients. MCPAP team members are also available for education and training relative to psychiatric disorders, medications, and practice transformation processes such as high risk case rounds, use of patient registries, protocols for embedding psychiatric nurses in the practice, making effective referrals and referral tracking.

Education and training activities are provided on-site at the practice, via videoconference or webinar, and through grand rounds with a group of practices or network. MCPAP also offers a monthly Clinical Conversation webinar on a variety of topics requested by enrolled PCPs. Past examples include: Managing ADHD, Anxiety, and Depression in the Pediatric Primary Care Setting.



MCPAP Regional Teams

MCPAP provides services throughout the state through three Regional Teams each with several locations.

Services are offered Monday – Friday; 9:00 am – 5:00 pm.

Western / Central Regional Team 844-926-2727

Baystate Medical Center
UMass Memorial Medical Center

Boston North Regional Team 855-627-2763

Massachusetts General Hospital
North Shore Medical Center

Boston South Regional Team 844-636-2727

Boston Children's Hospital
McLean Hospital Southeast
Tufts Medical Center

To Enroll
or for more
information

Please visit www.mcpap.org, call 617-350-1978,
or email mcpap@beaconhealthoptions.com.

