

Medical Necessity Criteria

Youth Mobile Crisis Intervention (YMCI)

Youth Mobile Crisis Intervention (YMCI) provides community-based behavioral health crisis assessment, intervention, stabilization, and follow-up for up to seven days to youth under the age of 21 experiencing a behavioral health crisis. YMCI services are available 24/7/365 and are co-located at the Community Behavioral Health Center (CBHC) site. Services are provided as mobile responses to the client (including private residences) and via telehealth when requested by the family and clinically appropriate. YMCIs will have access to Youth Community Crisis Stabilization (YCCS) services. YMCI services must have the capacity to accept youth voluntarily entering the facility via ambulance or law enforcement drop-off through an appropriate entrance.

The purpose of the YMCI is to respond rapidly, assess effectively, and provide early intervention to help youth who are in crisis and their caregivers/guardians, ensuring their safety and entry into the continuum of care at the appropriate level.

The service includes: a crisis assessment; including collateral contacts; development of a risk management/safety plan, if the youth/family does not already have one; up to seven days of crisis intervention and stabilization services including: on-site, face-to-face therapeutic response, psychiatric consultation, and urgent psychopharmacology intervention, as needed; and referrals and linkages to all medically necessary behavioral health services and supports, including access to appropriate services along the behavioral health continuum of care.

The YMCI also identifies services and alternatives that will minimize distress and aid in crisis stabilization. Referrals and coordination of services are provided to link individuals and their families with other service providers and community supports that can assist with maintaining maximum functioning in the least-restrictive environment. This service may be provided on-site in a CBHC, or in community settings in response to requests by police, providers, community-based agencies, family members, guardians, protective service workers, or the individual in crisis.

YMCI will also coordinate with the youth's primary care physician (PCP), any involved state agencies or other care management programs, and any other behavioral health providers (including CBHI) providing services to the youth throughout the delivery of the YMCI service. Crisis intervention requires flexibility in the duration of the initial intervention, the person's participation in the treatment, and the number and type of follow-up services.

Criteria

Admission Criteria

All of the following are necessary for admission to this level of care:

1. The youth must be in a behavioral health crisis that was unable to be resolved to the caller's satisfaction by phone triage. For youth in diversionary levels of care or with other community-based treatment providers, efforts by the those teams to triage and stabilize the crisis have been insufficient to stabilize the crisis, and YMCI has been contacted.
2. Immediate intervention is needed to attempt to stabilize the youth's condition safely in situations that do not require an immediate public safety response.
3. The youth demonstrates impairment in mood, thought, and/or behavior that substantially interferes with functioning at school, home, and/or in the community.

*In addition to the above, **at least one** of the following must be present:*

1. The youth demonstrates suicidal/assaultive/destructive ideas, threats, plans, or actions that represent a risk to self or others.
2. The youth is experiencing escalating behavior(s) and, without immediate intervention, they are likely to require a higher intensity of services.

*In addition to the above, **at least one** of the following must be present:*

1. The youth is in need of clinical intervention in order to resolve the crisis and/or to remain stable in the community.
2. The demands of the situation exceed the parent's/guardian's/caregiver's strengths and capacity to maintain the youth in their present living environment, and external supports are required.

Psychosocial, Occupational, and Cultural and Linguistic Factors

These factors may change the risk assessment and should be considered when making level-of-care decisions.

Exclusion Criteria

Consent for an evaluation and Mobile Crisis Intervention services is refused.

Continued Stay Criteria

Does not apply

Discharge Criteria

*Any **one** of the following criteria is sufficient for discharge from this level of care:*

1. The crisis assessment and other relevant information indicate that the youth needs a more- or less-intensive level of care, and the YMCI has facilitated transfer to the next treatment setting and ensured that the risk management/safety plan has been communicated to the treatment team at that setting.
2. The youth's physical condition necessitates transfer to an inpatient medical facility, and the YMCI provider has communicated the youth risk management/safety plan to the receiving provider.
3. Consent for treatment is withdrawn, and there is no court order requiring such treatment.