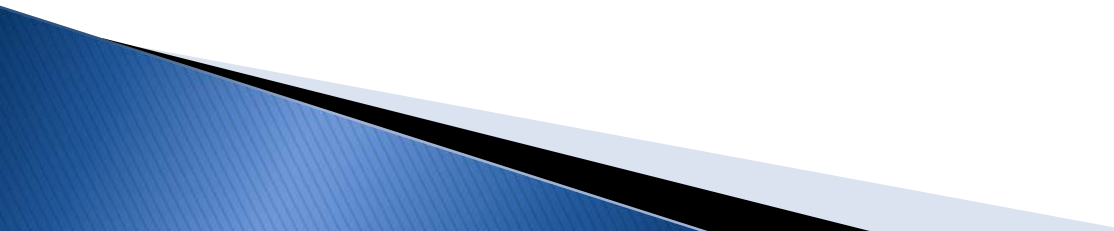


# STAY Together

Massachusetts Department of Mental Health  
Children's Behavioral Health Initiative

Presentation to Statewide CSA Meeting  
21 March 2014

# Presentation Outline

- Background: Young Adult Focus
  - SAMSHA Planning Grant
  - SAMHSA Implementation Grant
  - Focus on Youth Voice
  - Planning for the Future
  - Presentations by Participating CSAs
  - Questions/Answers
- 

# Development of Young Adult Focus

## ▶ National:

- GAO report
- Research & Training Centers specific to youth/young adults in transition (OR and MA)
- National YouthMOVE

## ▶ State:

- MA State Mental Health Planning Council formally establishes the Youth Development Committee
- YouthMOVE Chapter
- Young Adult Resource Centers (Tempo, YARN, The Spot, TRACS)
- Training initiatives in state agencies, among providers



**SAMHSA**

# STAY Together Planning Grant

## Success for Transition Age Youth

- ▶ **Awarded by SAMHSA:** October 2011
- ▶ **Grantees:** Massachusetts Department of Mental Health  
Children's Behavioral Health Initiative, EHS
- ▶ **Purpose:** To enhance the system of care for Transition Age Youth within the CBHI system by increasing access to behavioral health care that is young adult driven and that meets the specific needs of youth transitioning to adulthood

# STAY Together Planning Grant

## Success for Transition Age Youth



### Collaborating entities in planning grant: DMH and CBHI

6 CSAs:

Gandara Center

Community Healthlink

Wayside Youth & Family Support Network

Children's Friend and Family Services

Justice Resource Center

The Home for Little Wanderers

Transformation Center and PPAL/ YouthMOVE

University of Massachusetts

Youth, families, MCEs, state agencies, and more!

# STAY Together Implementation Grant



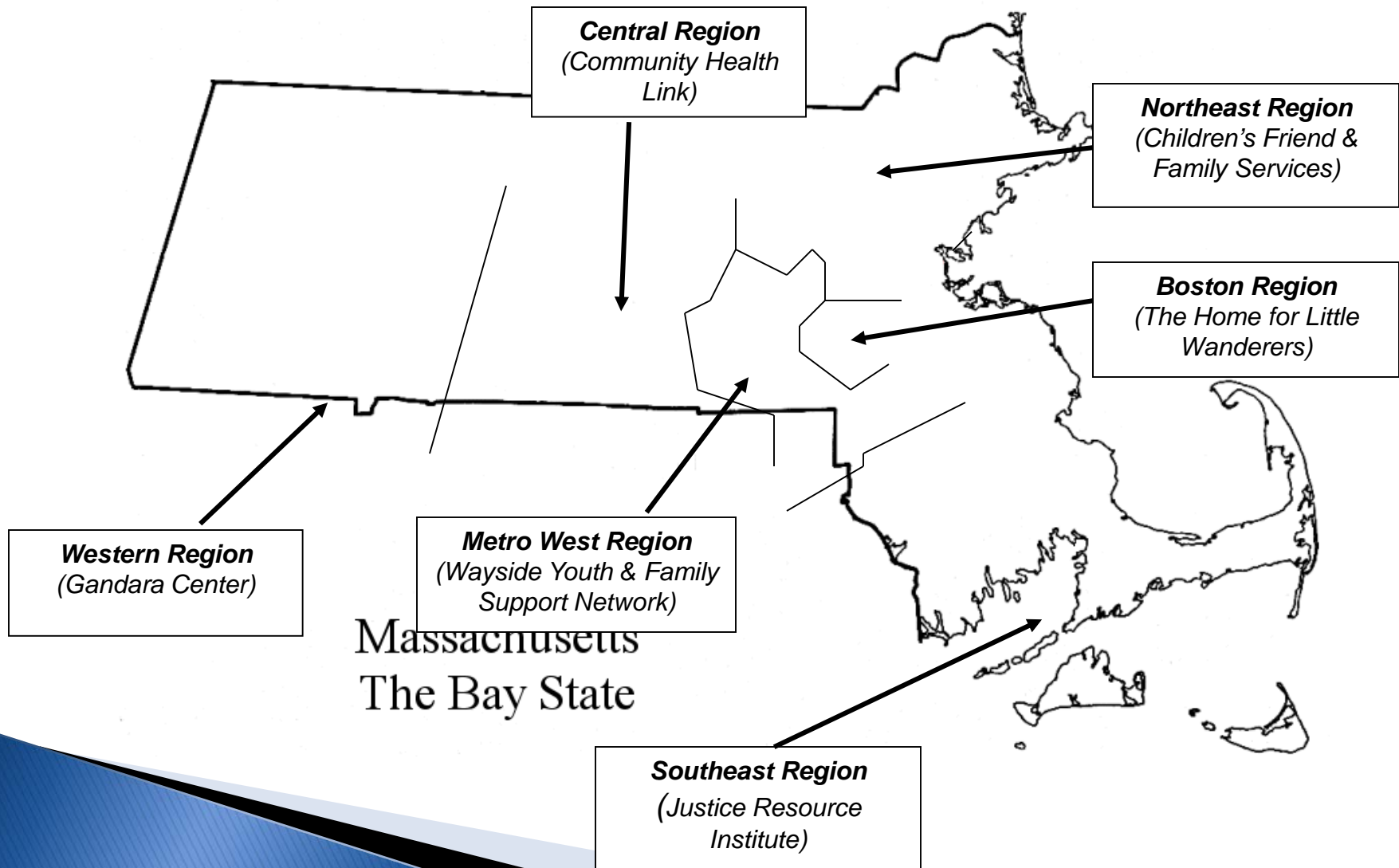
- ▶ SAMHSA Implementation Grant awarded July 2013
  - Award: \$4M over 4 years
  - Population Focus: young adults transitioning into adulthood (18–21), primarily in CBHI, from all communities across the state
  - GOAL: To enhance the system of care for all Transition Age Youth within the CBHI system by increasing access to behavioral health care that is young adult driven, culturally responsive, and meets the specific needs of youth transitioning to adulthood AND to demonstrate positive outcomes as a result of enhancements

# STAY Together Implementation Grant



- Stakeholders:
  - All Community Service Agencies
  - Youth and young adults who are enrolled in CBHI or are eligible, but not currently receiving services, and their families
  - Family, youth & consumer groups and organizations
  - Other child and adult serving agencies: DCF, DYS, DPH, MRC, DESE and housing, employment, and training programs

# Map of CSA regions



# Components to Achieve the Goal...

- **Achieve My Plan (AMPI)** incorporated into Wraparound training
- Employing **Young Adult Peer Mentors** with supervision & training
- **Youth Advisory Groups** across the state
- Increase **Parent Support Groups/Trainings** for parents of transitioning young adults
- **Collaboration** with new & existing multi-stakeholders regarding housing, education & employment (Interagency MOU, DMH adult system)
- **Policy review** of state agency protocol/procedures for Transition Planning (DMH, CBHI, DCF, DYS, MRC, DESE, CBHI etc.)
- Continuous **Evaluation** for Impact/Effectiveness

# STAY Together Implementation Grant



## ➤ Where we are now

6 original CSAs:

Youth Advisory Groups

Young Adult Peer Mentors

AMP training

Training for Peer Mentors and their supervisors

# STAY Together Implementation Grant



- Next steps

  - Expansion of AMP training

  - Possible addition of Peer Mentors and Youth Advisory Groups

  - Expansion of parent support groups

  - Refinement of interagency collaborations

- By end of four years

  - AMP process incorporated into Wraparound coaching for all CSAs

  - Expansion of Youth Advisories and Peer Mentors across state

  - Policy changes if needed

**BETTER OUTCOMES FOR TRANSITION AGE YOUTH!!**

# Suggested Links

[www.mass.gov/dmh/tay](http://www.mass.gov/dmh/tay)

<http://labs.umassmed.edu/transitionsRTC/>

<http://www.voices4hope.net/index.html>

[www.speakingofhope.org](http://www.speakingofhope.org)